



European Association for Behavioural and
Cognitive Therapies

34th Annual Congress

University of Manchester
Institute of Science and Technology
9th-11th September 2004

Dear Delegates,

Welcome to Manchester. This scientific programme is a celebration of the wealth of clinical practice and research that has come to be a hallmark of BABCP Congresses. The Congress Scientific Committee justifiably take pride in the quality and diversity of the programme and the opportunity that hosting the 34th Annual Congress of EABCT in the UK has provided. It has allowed us to draw on exciting developments that are taking place across Europe and the rest of the world.

We are gratified at the positive response we have had and expect that nearly 1500 people will be attending the pre-congress workshop and congress programme in Manchester. Delegates will be travelling from every one of EABCT's 38 national associations as well as from most of the other CBT "umbrella organisations" across the world. This will make it a truly international meeting and reflects both the quality of the programme and the recognition amongst behavioural and cognitive therapists of the value of continuing professional development and the exchange of ideas.

The programme itself is designed around 8 key themes which are set out in this final programme:

- **Adult Mental Health**
- **Psychosis**
- **Children and Adolescents**
- **Intellectual Disabilities**
- **Behavioural Medicine**
- **Addictive Disorders**
- **Therapeutic and Clinical Applications**
- **Basic Processes**

There are prominent contributions from leaders in the field of cognitive and behavioural psychotherapies in each of these areas and, to follow a theme, check out the 'congress at a glance' colour-coded chart in your registration folder.

Enjoy your time in Manchester which you will discover is one of the most exciting cities in the UK. You will also discover that the Congress will maintain the usual EABCT standard of providing a full social programme that will enable all delegates to meet, socialise and enjoy the company of their colleagues from across Europe.

Beyond Manchester, we hope that your experience here will encourage you to attend future Annual EABCT Congresses and return to the UK for other BABCP events. Remember to check out the EABCT and BABCP website for future events.

Philip Tata
Chair
Congress Scientific Committee

Rod Holland
Chair
Congress Organising Committee



SEPTEMBER 2004

EABCT Board

2003 - 2004

Jan van den Bout (The Netherlands), President

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Rod Holland (UK), Communication

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EABCT Member Associations

2003 - 2004

Arbeitsgemeinschaft für Verhaltensmodifikation E.V (Germany)

Association for Behaviour Modification in Austria

Association of Behavioural Therapy and Cognitive Therapy (Netherlands)

Association for the Study, Modification and Therapy of Behaviour (Belgium)

Association Francophone de Formation et de Recher en Therapie Comportementale et Cognitive

Austrian Association for Cognitive and Behaviour Therapy

British Association for Behavioural and Cognitive Psychotherapy

Bulgarian Association for Cognitive Behaviour Psychotherapy

Catalan Society of Behaviour Research and Therapy

Croatian Association for Behavioural-Cognitive Therapies

Czech Society for Cognitive Behaviour Therapy

Danish Association of Behavioural and Cognitive Therapy

Estonian Association for Cognitive Behaviour Therapy

Finnish Association for Behavioural Analysis and Cognitive Behaviour Therapy

Finnish Association for Cognitive and Behaviour Therapy

Flemish Association of Behaviour Therapy

French Association of Behaviour and Cognitive Therapy

German Association for Behaviour Therapy

German Professional Association for Behaviour Therapy

Greek Association for Behavioural Modification and Research

Greek Association for Cognitive and Behavioural Psychotherapies

Hungarian Association for Behavioural & Cognitive Therapies

Icelandic Association for Cognitive and Behavioural Therapies

Irish Association of Behavioural and Cognitive Psychotherapy

Israeli Association for Behavioural-Cognitive Therapy

Italian Association for Behavioural Analysis & Modification, & Behaviour & Cognitive Therapies

Italian Association for Behavioural and Cognitive Therapy

Norwegian Association for Cognitive Therapy

Polish Association for Cognitive and Behavioural Therapy

Portuguese Association of Behaviour Therapy

Romanian Association of Hypnosis and Cognitive Behavioural Psychotherapy

Rumanian Association for Behavioural and Cognitive Therapy

Serbian Association for Behavioural and Cognitive Therapies

Slovene Association for Behaviour and Cognitive Therapies

Swedish Association of Behaviour Therapy

Swiss Association of Behaviour Therapy

Turkish Association for Cognitive and Behavioural Psychotherapy

Yugoslav Association for Behavioural and Cognitive Therapies



SEPTEMBER 2004

BABCP Board

2003 - 2004

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Congress Organising Committee

2003 - 2004

Scientific Committee

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Alice Knight
Padraig McDonnell
Elizabeth Mendel
Mary Welford (Chair)
Julie Wisely



SEPTEMBER 2004

General Information

The Congress Site

The congress scientific sessions will take place on the UMIST Campus in either the Renold Building or the Weston Building. Signs will direct you to the various rooms listed in the programme. If you get lost ask for direction at the registration desk or ask one of the conference stewards who will be recognisable by their EABCT Congress T-shirt.

Room Capacity

Delegates must respect the limits on the numbers of delegates that can be accommodated in particular lecture theatres and symposia rooms. These limits are there for obvious fire and other health and safety reasons. Congress organisers will have to restrict access to rooms when their capacity has been reached. BABCP cannot therefore guarantee that space will be available for all delegates who wish to attend each session, so it is recommended that you arrive early or on time for the sessions you wish to attend.

Entry and Exit

To avoid disruption to presenters and other delegates, you may only enter and exit the lecture room at appropriate times (i.e. between presentations). You may therefore have to wait, either outside or inside the room and please follow the instructions of the session chair and/or congress stewards.

Information Centre

A message board is situated in the Registration area in the Renolds Building. This will give details of any programme changes and will be the pick up point for any messages that have been left for delegates. Tourist information is also situated in this area.

Exhibition Area

The book exhibition is located in the UMIST Renold's Building and will be open throughout the Congress. You can spend time relaxing, meeting friends and colleagues, as well as looking at (and purchasing) the latest titles from a number of publishers who will be present.

Eating and Drinking

Coffee and tea are provided between the congress sessions in the morning (9.45 - 10.15) and afternoon (2.45 - 3.15) in each of the buildings where sessions are being held. It is free of charge to delegates.

Lunch is only included if it has already been pre-booked and your lunch tickets will have been included in your congress registration folder. This lunch will be served in the Barnes Wallis Building, a short distance from the Renold Building. Admission to the dining room will only be allowed to those with a lunch ticket.

There are plenty of opportunities for lunch nearby, including Harry's Bar near the Congress marquee. Delegates will also find recommendations in their "Manchester Restaurant and Pub Guide" that has been produced and will also be found in your delegate's pack.

Lost Badges

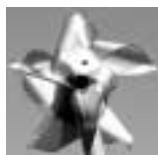
You must wear your badge at all times during the Congress. A STRICT ADMISSION POLICY will be operating and admission to symposia and other events will be restricted to BADGE HOLDERS ONLY. Do not forget to wear your badge. If you lose your badge a replacement fee of £25 will be made along with proof of registration. We apologise for any inconvenience caused by this policy but trust that delegates will accept the need to restrict entry to bona fide delegates only.

No Smoking Policy

A no smoking policy operates in all public areas of the Congress. Please respect this.



SEPTEMBER 2004



THE PSYCHOLOGY SERVICE

CLINICAL PSYCHOLOGISTS AND COGNITIVE BEHAVIOUR THERAPISTS

The Psychology Service is a leading nation-wide organisation offering specialist assessment and treatment for trauma related conditions, such as Post Traumatic Stress Disorder, Phobic Anxiety, Depression, Adjustment Disorders and Pain Management. Our services are available to both adults and children.

We have an active recruitment policy and are constantly expanding our team of Associate Clinical Psychologists and Psychological Therapists. We are looking for experienced Clinical Psychologists and Cognitive Behaviour Therapists to work on an independent basis throughout the UK.



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If you would like to know more about us please look at our web site, www.psychologyservice.co.uk, or contact our offices on 0845 2264801. The Company Directors, Clemency Palmer and Valerie Kaye, will be attending the conference on Friday 10 September and Saturday 11 September. If you would like to meet up personally then you can text them on their mobiles, in order to arrange an appropriate time and venue at this conference. 07850 006168 (Clem Palmer) or 07709 330727 (Val Kaye)

Midloe Grange, Southoe, Cambridgeshire PE19 5YD

E: info@psychologyservice.co.uk

W: www.psychologyservice.co.uk

T: 0845 226 4801 F: 0845 226 4802

Social Programme



In the usual tradition of BABCP and EABCT Conferences there will be plenty of opportunities for you to meet colleagues in relaxed and convivial surroundings. The following social activities have been arranged for your participation and enjoyment.

8th September 8.00 pm
EABCT 2004 Opening Reception

Manchester Town Hall

At the heart of the City, Manchester Town Hall's impressive architecture is a superb setting for our opening reception. This will be held in the Great Hall and Staterooms. Delegates will be welcomed with an aperitif and canapes and addressed by His Worship The Lord Mayor of Manchester.

8th September 9.30 pm
Disco

The opening reception will be followed by a disco that will be open until midnight for delegates. There is no charge for entrance to this event and a cash bar will be open.

9th September 9.00 pm
EABCT 2004 International Party

UMIST Campus (Barnes Wallis Building, Harry's Bar and the Congress Marquee)

Live music, dancing, other entertainment and a cash bar will make this an ideal opportunity to party with EABCT delegates from across Europe until the early hours of the morning. There is no charge for this event.

10th September 7.30 pm
Congress Banquet

The Place Hotel, Manchester

A beautiful terracotta listed building that has been transformed into a luxury hotel. It started life back in 1895 as the headquarters of the Refuge Assurance designed by the renowned architect Sir Alfred Waterhouse. The jewel in the crown is the Palace Ballroom where we will be holding our banquet followed by a disco.

Admission to this event is by ticket only. A few tickets will be available for those who have not pre-booked at the Congress Registration Desk until midday on Thursday 9th September or until they have sold out.

10th September 9.30 pm
Farewell Disco

Harry's Bar and Congress Marquee

For those people who are not attending the Congress Banquet (and for those who want to continue the night after the Banquet) then a farewell disco will be held to provide an opportunity to say farewell until Thessaloniki in 2005.



SEPTEMBER 2004

Exhibition Centre

Exhibitors include

- WISEPRESS
- Psychological Corporation/Harcourt Assessment
- John Wiley & Sons Ltd
- Oxford Stress and Trauma Centre/Blue Stallion Publishing
- Sage Publications
- Taylor and Francis
- Elsevier
- Media Innovations Ltd
- Kluwer Academic Publishers/Springer

WISEPRESS

Visit the Exhibition Centre open
throughout the congress

Wisepress will display a wide selection of new and
classic titles for you to browse through and purchase



SEPTEMBER 2004

35th EABCT Congress • September 2005 • Thessaloniki, Greece



Call for papers

The congress committee seeks people who can contribute to the EABCT 2005 Congress in Thessaloniki through e.g a symposium, lecture, workshop and oral or poster presentation.

Please write to eabct2005@gacbp.com or visit the EABCT website (<http://www.eabct.com/>)



Scientific Information

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E-mail: eabct2005@gacbp.com & simos@med.auth.gr



In-Congress Workshops

Delegates attending the Congress will be able to attend one or more of the half day workshops, (2 1/2 hours) detailed below. A full description of each workshop is available in the In-Congress Workshop programme in your registration folder. There is a small extra charge of £20 (+ 28) for each of these workshops (special rates for students and delegates from economically disadvantaged countries) and you can register at the Workshop Registration Desk in the Congress Registration area. Places will be limited for each workshop and will be allocated on a first come first served basis.

Thursday 9th September

9.00 am – 11.30 am

Mindfulness-based Cognitive Therapy

Mark Williams, Cambridge, UK and Antonia Sumbundu, Denmark

CBT for Chronic Illness Focusing on Diabetes

Trudie Chalder and Suzanne Roche, London, UK

Treatment of Terrorist Related Trauma in Children

Alistair Black, Child and Adolescent Therapy Service, N. Ireland

Assessment of Cognitive Therapy Skills for People with Intellectual Disability and Lower Ability

Dave Dagnan, Northumbria, UK

CBT of Mental Intrusions in Anxiety and Depression

David A. Clark, Canada

1.30 pm - 4.00 pm

Making Sense of False Memory, Flashbacks and Other Tricks of the Mind

Helen Kennerley, Oxford, UK

Early Identification and Treatment of Chronic Pain

Steven Linton, Orebro University, Sweden

Couple Therapy: Helping Couples Who Suffer From Relationship and/or Sexual Problems

Mehmet Sungar, Istanbul, Turkey and Kevan Wylie, Sheffield, UK

Staying Well After Psychosis: A CBT Approach to Relapse Prevention

Andrew Gumley, Glasgow, Scotland

Applying Verbal and Non-verbal Techniques in Therapy with Children

Tammie Ronen, Tel Aviv, Israel

Friday 10th September

9.00 am – 11.30 am

Delivering CBT Self-help to a Community: Providing Multiple Access Points to Treatment

Chris Williams, Glasgow and Ruth Lang, Depression Alliance Scotland

Cognitive Behavioural Body Image Therapy for Anorexia and Bulimia Nervosa

Silja Vocks and Tanja Legenbauer, Germany

Trialing CBT for Children with OCD

Tim Williams, Berkshire, UK

Identity Issues in PTSD

Chris Brewin, London, UK

CBT for Psychosis in Routine Care

Katy Grazebrook, Manchester, UK

Establishing Healthy Affect Control in Clients Diagnosed with Personality Disorders or Complex Trauma

Claudia Herbert, Oxford, UK

Developing Clinical Skills in CBT for Panic

John Manley, London, UK

1.30 pm - 4.00 pm

Psychotherapy for Gay Couples and Lesbian Couples

Antonella Montano, Rome, Italy

Supervision of Professionals Working with Children and Young People: Issues Dilemmas and Good Practice

Cognitive Therapy for Chronic Insomnia

Allison Harvey, Oxford, UK

Assessing, Predicting, and Overcoming Treatment Roadblocks with Complex PTSD

Merv Smucker, Wisconsin, USA and Anne Boos, Dresden, Germany

CBT for Generalised Anxiety Disorder: Learning to Tolerate Uncertainty and Emotional Arousal

M.J.Dugas, Montreal, Canada

Disseminating CBT Skills Across the Workforce

Chris Williams, Glasgow, Scotland and Anne Garland, Nottingham, UK

Saturday 11th September

9.00 am – 11.30 am

'Stress Control' Large Group Didactic Therapy for Emotional Disorders

Jim White, Glasgow, Scotland

Making CBT Meaningful for People with Intellectual Disabilities

Andrew Jahoda, Scotland and Dave Dagnan, Northumbria, UK

Cognitive Behaviour Therapy for Bipolar Disorder

Steven Jones and John McGovern, Manchester, UK

Motivational Interviewing: Revisiting the Basics

Henck Van Bilsen, Royston, UK

CBT for Body Dysmorphic Disorder

David Veale, London, UK and Fugen Neziroglu, USA

1.30 pm - 4.00 pm

Exposure to the Imaginative Death Experience in Hypochondriacs

Jan Prasko, Prague, Czech Republic

CBT for Anxiety/Depression in Patients with the Diagnoses Asperger and ADHD

Elizabeth Ekman, Gothenburg, Sweden

Cognitive Therapy for PTSD in the Context of Civil Conflict

Kate Gillespie and Michael Duffy, Omagh, Northern Ireland

Collaborative Interviewing in Mathematical Analogy Technique (CLIMATE)

Lefteris Konstantinidis, Gregoris Simos, Thessaloniki, Greece

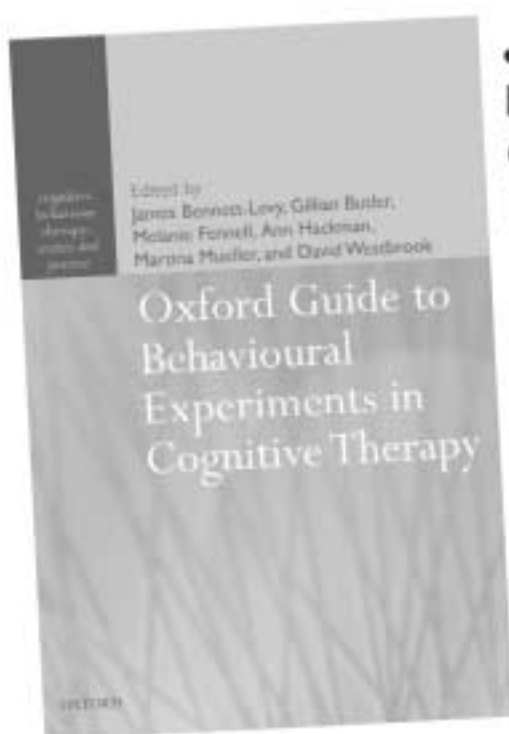


SEPTEMBER 2004

new from oxford university press

Oxford Guide to Behavioural Experiments in Cognitive Therapy

EDITED BY James Bennett-Levy, Gillian Butler, Melanie Fennell, Ann Hackmann, Martina Mueller, and David Westbrook, all at the Oxford Cognitive Therapy Centre, Warneford Hospital, Oxford, UK



- For the first time cognitive therapists will have a detailed guide for designing behavioural experiments across a wide range of clinical problems
- Contains over 200 examples of experiments to inspire therapists' creativity
- Written by clinicians, for clinicians
- A practical, accessible, easy-to-read guide to study, or to dip into before therapy sessions

Paperback
£29.95
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'There is currently no text that specifically focuses on behavioural experiments. This volume admirably fills the gap.'
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'The authors of this handbook provide excellent models for how to design behavioural experiments to test pivotal beliefs, rather than tangential beliefs ... Each chapter offers meaningful help to therapists by identifying common cognitive themes and beliefs that are central to the problem discussed.'
CHRISTINE PADESKY

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Buy your copy of the *Oxford Guide to Behavioural Experiments in Cognitive Therapy* and browse a wide selection of Oxford books at the Wisepress stand

OXFORD
UNIVERSITY PRESS

The Congress Schedule

8.30 - 10.00

Symposium 1	Attention Training and Treatment: Nature and Effects
Symposium 2	Bipolar Disorder: From Theory to Therapy
Symposium 3	Psychosis and Trauma
Symposium 4	Modifying Standard CBT with Specific Child and Adolescent Populations
Symposium 5	Case Formulation: Science and Art
Symposium 6	Cognitive Processes in Eating Disorders
Symposium 7	Recent Developments in Social Phobia
Symposium 8	Where is the B in CBT?
Symposium 9	Research on Borderline Personality Disorder
Open Papers 1	Issues in Behavioural Medicine



SEPTEMBER 2004

9.30 - 11.30

Poster Session 1	Children, Adolescents and the Family
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9.00 - 11.30

Workshop 1	Mindfulness-based Cognitive Therapy: A Workshop for Instructors
Workshop 2	CBT for Chronic Illness Focusing on Diabetes
Workshop 3	The Treatment of Child and Adolescent Terrorist Related Trauma
Workshop 4	Cognitive Therapy Skills for People with Intellectual Disability
Workshop 5	CBT of Unwanted Mental Intrusions in Anxiety and Depression

10.00 - 11.30

Symposium 10	Anxiety and Attention
Symposium 11	Innovations in the Treatment of Generalised Anxiety Disorder
Symposium 12	Substance Misuse and Psychosis
Symposium 13	Use of New Technologies in the Treatment of Children and Adolescents
Symposium 14	Risk Factors and the Treatment of Chronic Pain
Symposium 15	Body Image in Eating Disorders: Assessment and Treatment
Symposium 16	Cross-cultural Aspects of Social Anxiety
Symposium 17	Long-term Outcome of 8 Clinical Trials of CBT for Anxiety Disorders
Symposium 18	Cognitive Remediation Therapy
Roundtable 1	Case Formulation: Art and Science
Open Papers 2	Neuropsychology, Physiology and Temperament

11.30 - 12.30

Keynote Speaker	Professor Susan Bögels, Maastricht, The Netherlands
Keynote Speaker	Professor Andrew Matthews, Cambridge, UK
Keynote Speaker	Professor Philipa Garety, London, UK
Keynote Speaker	Professor David Richards, York, UK
Keynote Speaker	Dr Ulrike Schmidt, London, UK
Keynote Speaker	Professor Bill Lindsay, Dundee, Scotland

Thursday

1.30 - 3.00

Symposium 19	Training Cognitive Bias in Emotional Disorders I
Symposium 20	The Hide & Seek of Cognitive Vulnerability Markers for Depressed Mood
Symposium 21	Family Factors in the Treatment of Anxiety in Children and Adolescents
Symposium 22	Cognitive-behavioural Approaches: Health Anxiety & "Hypochondriasis"
Symposium 23	Low Intensity Interventions in Cognitive Behaviour Therapy
Symposium 24	CBT in the Treatment of Opiate Misusers
Symposium 25	Mental Health Problems in People with Intellectual Disabilities
Symposium 26	Self Esteem: Theoretical and Clinical Issues
Roundtable 2	CBT for Psychosis: Do We Have a Unified Therapy?
Roundtable 3	European Training Standards
Open Papers 3	Attributional Style and Psychosis: Current Perspectives

1.30 - 4.30

Poster Session 2	Psychosis, Intellectual Disabilities and Outcome of CBT with Adults
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1.30 - 4.30

Workshop 6	Lies, Damned Lies and Information Processing
Workshop 7	Clinical Methods for the Early Identification and Treatment of Pain
Workshop 8	Couple Therapy
Workshop 9	Staying Well After Psychosis
Workshop 10	Skills Directed Therapy with Children and Adolescence

3.00 - 4.30

Symposium 27	Training Cognitive Bias in Emotional Disorders II
Symposium 28	The State of the Art in Depression Research I
Symposium 29	Caring for Psychosis
Symposium 30	Children and Adolescents Who Have Experienced Trauma
Symposium 31	Cognitive Behaviour Therapy in Physical Illness
Symposium 32	Using Self-help in Busy Clinical Practice
Symposium 33	Abusive Images of Children and the Internet
Symposium 34	Psychological Distress in People with Intellectual Disabilities
Symposium 35	Involving Service Users in Research
Open Papers 4	Efficacy of Cognitive Behaviour Therapy

4.30 - 5.30

Keynote Speaker	Professor John Teasdale, Cambridge, UK
Keynote Speaker	Dr Antonio Pinto, Naples, Italy
Keynote Speaker	Professor Paul Salkovskis, London, UK
Keynote Speaker	Professor Tom Borkovec, Pennsylvania, USA

5.45

BABCP AGM	BABCP Members Only
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SEPTEMBER 2004

The Congress Schedule

8.30 - 10.00

Symposium 36	Metacognition and Psychological Disorders
Symposium 37	Psychosis and Depression
Symposium 38	Using Creative Techniques in Child CBT
Symposium 39	Common Factors in Psychological Change
Symposium 40	Diagnostic and Treatment Issues in Compulsive Hoarding
Symposium 41	Effectiveness Research with Psychoses
Symposium 42	Carers Working with People with Intellectual Disabilities
Symposium 43	Activation, Inhibition and Attribution in Bipolar Disorder
Symposium 44	Jumping to Conclusions in Delusions
Open Papers 5	Children and Adolescents 1



SEPTEMBER 2004

9.00 - 11.30

Poster Session 3	Behavioural Medicine and Neuropsychology
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9.00 - 11.30

Workshop 11	Delivering CBT Self-help to a Community
Workshop 12	Body Image Therapy for Anorexia and Bulimia Nervosa
Workshop 13	Cognitive Behaviour Therapy for Children with OCD
Workshop 14	Identity Issues in PTSD
Workshop 15	CBT for Psychosis in Routine Care (cancelled)
Workshop 16	'Neither Good nor Bad - Just Perfect as You Are!'
Workshop 17	Developing Clinical Skills in CBT for Panic and Agoraphobia

10.00 - 11.30

Symposium 45	Processing Modes in Depressive and Anxious Psychopathology
Symposium 46	CBT for Borderline Personality Disorder
Symposium 47	Paranoia: New Research on Persecutory Ideation
Symposium 48	The Therapist Relationship In Cognitive Therapy
Symposium 49	Working with Staff and Clients Using Cognitive Approaches
Symposium 50	Children, Their Families and Their Immediate Social Environment
Roundtable 4	Common Language In Psychotherapy (Clip) Project
Roundtable 5	BABCP Accreditation and Registration Surgery
Open Papers 6	Cognitive Processes in Psychological Disorders
Open Papers 7	New Approaches to Positive Symptoms of Psychosis
Open Papers 8	Eating Disorders: Prevention and Intervention

11.30 - 12.30

Keynote Speaker	Dr Metin Basoglu, London, UK
Keynote Speaker	Professor Christine Barrowclough, Manchester, UK
Keynote Speaker	Professor Steven Linton, Orebro, Sweden
Keynote Speaker	Professor Colin Espie, Glasgow, Scotland
Keynote Speaker	Professor Aaron T. Beck, Pennsylvania, USA

12.30 - 1.30

EABCT AGM	Annual General Meeting
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1.30 - 3.00

Symposium 51	Imagery and the Self in Distress
Symposium 52	Psychological Processes in Suicidal Behaviour
Symposium 53	Application of CBT for Psychosis to Service Settings
Symposium 54	How Do Cognitive Biases Develop in Children?
Symposium 55	Psychological Interventions in Cardiac Care
Symposium 56	Cognitive Behaviour Therapy in Community and Primary Care I
Symposium 57	Working with Asylum Seekers
Symposium 58	Outcome Research with Offenders with Intellectual Disabilities
Symposium 59	Cognitive Appraisal in Obsessive Compulsive Disorder
Roundtable 6	Accrediting Training Courses
Open Papers 9	Memory Biases
Open Papers 10	Predictors of Therapy Outcomes
Poster Session 4	Clinical and Applied Processes

1.30 - 4.30

Workshop 18	Psychotherapy for Heterosexual, Gay and Lesbian Couples
Workshop 19	Supervision: Working with Children and Young People
Workshop 20	Cognitive Therapy for Chronic Insomnia
Workshop 21	Overcoming Treatment Roadblocks with Complex PTSD
Workshop 22	Cognitive-behavioural Therapy for Generalised Anxiety Disorder
Workshop 23	Disseminating CBT Skills Across the Workforce

3.00 - 4.30

Symposium 60	Memory and Cognition in Post Traumatic Stress Disorder
Symposium 61	Obsessive Compulsive Disorder: Something Old, Something New
Symposium 62	Recent Developments in the Cognitive Theory and Therapy of Voices
Symposium 63	A Developmental Psychopathology of Adolescent Onset Psychosis
Symposium 64	CBT for Chronic Fatigue Syndrome and Cancer-related Fatigue
Symposium 65	Cognitive Behaviour Therapy in Community and Primary Care II
Symposium 66	New Research Ethics for People with Intellectual Disabilities
Open Papers 11	CBT Training and Supervision
Open Papers 12	Cognition and Emotion

4.30 - 5.30

Keynote Speaker	Professor Jack Rachman, Vancouver, Canada
Keynote Speaker	Dr Ann Hackmann, Oxford, UK
Keynote Speaker	Professor William Yule, London, UK
Keynote Speaker	Professor Lars-Goran Ost, Stockholm, Sweden



SEPTEMBER 2004

The Congress Schedule

8.30 - 10.00

Symposium 67	Autobiographical Memory and Emotional Disorder
Symposium 68	Metacognition and Psychotic Experiences
Symposium 69	Diagnostic, Treatment-outcome & Basic-research in Children with ADHD
Symposium 70	Current Approaches to Cognitive Behaviour Therapy Supervision
Symposium 71	Anxiety and Depression and Medical Illness
Symposium 72	Controversies and Growing Points in Early Intervention in Psychosis
Symposium 73	Some Issues Concerning Guilt And Shame In Anxious Psychopathology
Open Papers 13	Children and Adolescents 2

9.00 - 11.30

Poster Session 5	Cognitive Processes
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9.00 - 11.30

Workshop 24	Stress Control
Workshop 25	Making CBT Meaningful for People with Intellectual Disabilities
Workshop 26	Cognitive Behaviour Therapy for Bipolar Disorder
Workshop 27	Motivational Interviewing: Revisiting the Basics
Workshop 28	Cognitive Behaviour Therapy for Body Dysmorphic Disorder

10.00 - 11.30

Symposium 74	Worry And Rumination
Symposium 75	Mediators of Change in Cognitive Therapy for Social Phobia
Symposium 76	Case Formulation in Cognitive Behaviour Therapy Treatment of Psychosis
Symposium 77	Prevention and Treatment of Disruptive Disorders in Childhood
Symposium 78	Sex Offenders
Symposium 79	Early Interventions
Symposium 80	Problems of Identity across Psychiatric Disorders
Symposium 81	New Developments in the Understanding and Treatment of Insomnia
Roundtable 7	Cognitive Therapy Supervision?
Open Papers 14	Factors Influencing Outcome in CBT

11.30 - 12.30

Keynote Speaker	Professor Gudrun Sartory, Wuppertal, Germany
Keynote Speaker	Dr Mark Van Der Gaag, Leiden, The Netherlands
Keynote Speaker	Professor Marcel Van Den Hout, Utrecht, The Netherlands
Keynote Speaker	Professor John Weinman, London, UK
Keynote Speaker	Anne Garland, Nottinghamshire, UK



SEPTEMBER 2004

Saturday

1.30 - 3.00

Symposium 82	Cognitive, Behavioural, and Affective Reactions to Anxiety
Symposium 83	Key Processes in the Maintenance of Social Phobia
Symposium 84	The State of the Art in Depression Research II
Symposium 85	New Research In Body Dysmorphic Disorder Part 1
Symposium 86	Analysis of Language and Experience in Treating Adult Problems
Roundtable 8	Treatment of Obesity: Mission Impossible?
Roundtable 9	Treatment of Intrusive Memories?
Open Papers 15	Change and Outcomes in Psychotherapy

1.30 - 4.30

Workshop 29	Exposure to the Imaginative Death Experience in Hypochondriasis
Workshop 30	CBT for Anxiety/Depression in Patients with Asperger and AD/HD
Workshop 31	Cognitive Therapy for PTSD in the Context of Civil Conflict
Workshop 32	Interviewing in Mathematical Analogy Technique (CLIMATE)

3.00 - 4.30

Symposium 87	Emotional Reasoning, Intrusion-based Reasoning, and Psychopathology
Symposium 88	Key Processes in the Maintenance of Social Phobia II
Symposium 89	Detection and Prevention of Relapse Amongst Individuals with Psychosis
Symposium 90	Working with Dissociation and DID
Symposium 91	Sexual Problems in Homosexual and Heterosexual Couples
Symposium 92	New Research in Body Dysmorphic Disorder Part II
Symposium 93	Cognition in OCD

4.30

Keynote Speaker	Anne Garland, Nottinghamshire NHS Trust, UK
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Throughout the Congress there will also be a permanent poster display providing information on CBT Training Courses in EABCT member associations and those running in the UK.



Wednesday



5.30 Opening Address

Lecture Theatre C16, Renold Building

Professor Christine Barrowclough

President, British Association for Behavioural and Cognitive Psychotherapies

Professor Jan van den Bout

President, European Association for Behavioural and Cognitive Therapies

6.00 Opening Keynote Address

Lecture Theatre C16, Renold Building

Professor Aaron T. Beck

University of Pennsylvania, USA

Origin, Evolution, and Current State of Cognitive Therapy: The Inside Story

Chair: Professor Robert Leahy

Cornell University, USA

8.00 Opening Reception

Manchester Town Hall

Address by His Worship the Lord Mayor of Manchester

8.30 - 10.00

Symposium 1

Lecture Theatre C16, Renold Building

Attention Training and Treatment: Nature and Effects.

Convenor and Chair: Adrian Wells, University of Manchester, UK

- 8:30 Introduction.
Adrian Wells, University of Manchester, UK
- 8:35 Attention Training with Auditory Hallucinations: A Case Study.
Lucia R. Valmaggia, Institute of Psychiatry, London, UK
- 8:50 Task Concentration Training versus Applied Relaxation, Followed by Cognitive Therapy, for Social Phobia.
Susan Bögels, University of Maastricht, The Netherlands
- 9:05 Practical Application of Attentional Training for Hypochondriasis.
Theo K. Bouman, University of Groningen, The Netherlands
- 9:20 Attentional and Psychophysiological Functioning Following Attention Training versus Guided Relaxation in High Worriers.
Richard J. Brown, University of Manchester, UK
- 9:35 Attention Training: Towards a New Effective Treatment for Hypochondriasis.
Michael J. Cavanagh, University of Sydney, Australia
- 9:50 Discussion.
Adrian Wells, University of Manchester, UK

Symposium 2

Lecture Theatre C9, Renold Building

Bipolar Disorder: From Theory to Therapy.

Convenors: Steven Jones, University of Manchester and Warren Mansell, Institute of Psychiatry, London, UK

Chair: Warren Mansell, Institute of Psychiatry, London, UK

- 8:30 Introduction,
Steven Jones, University of Manchester, UK
- 8:40 Cognitive Therapy for Bipolar Disorder: Current Evidence and New Developments.
Steven Jones, University of Manchester, UK
- 8:55 Cognitive Behavior Therapy and Supportive Therapy: First Follow-up Results From a Randomised Trial for Bipolar Disorders.
Thomas Meyer, University of Tuebingen, Germany
- 9:10 Group and Individual Psychological Intervention for People Suffering from Bipolar Disorders: An Investigation into the Predictors of Therapeutic Change.
Matthias Schwannauer, University of Edinburgh, UK
- 9:25 Mindfulness Based Cognitive Therapy for Bipolar Disorder.
Anne Palmer, Norfolk Mental Health Care Trust, UK
- 9:40 A Cognitive Model for Hypomania: The Path Between Neurobiology and Behaviour.
Francesc Colom, Stanley Foundation Research Center, Barcelona, Spain

Symposium 3

Lecture Theatre C1, Renold Building

Psychosis and Trauma.

Convenors: Craig Steel, University College London and Anthony Morrison, University of Manchester, UK

Chair: Craig Steel, University College London, UK

- 8:30 Introduction.
- 8:35 How Do People With Psychosis Experience and Represent Emotion and Traumatic Information? Toward a Cognitive Model.
David Fowler, University of East Anglia, UK
- 8:55 Working with a High Risk Case Involving Command and Visual Hallucinations.
Pauline Callcott, University of Newcastle, UK
- 9:15 Childhood Trauma in Schizophrenic Patients.
Ingo Schaefer, University of Hamburg, Germany
- 9:35 A Cognitive Approach to Understanding Trauma-induced Psychosis.
Anthony Morrison, University of Manchester, UK

Symposium 4

Weston Lecture Theatre, Weston Building

Modifying Standard Cognitive Behaviour Therapy for Use With Specific Child and Adolescent Populations: Issues, Findings and Implications.

Convenor and Chair: Jeanie Sheffield, University of Queensland, Australia

- 8:30 Introduction.
Jeanie Sheffield, University of Queensland, Australia
- 8:40 Modifying CBT to Train Parents as Therapists of Young Children at Risk of Anxiety.
Margaret Brechman-Toussaint, University of New England, Australia
- 9:00 Adapting CBT for Treatment of Anxiety in Children with Asperger Syndrome: An Evaluation Study.
Kate Sofronoff, University of Queensland, Australia
- 9:20 Modifying CBT for Use in School-based Prevention Programs.
Jeanie Sheffield, University of Queensland, Australia
- 9:40 Discussion.



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Thursday

Symposium 5

Room E7, Renold Building

Case Formulation: Science and Art.

Convenors: Willem Kuyken, University of Exeter and Robert Dudley, Newcastle Cognitive and Behavioural Therapies Centre and University of Newcastle upon Tyne, UK

Chair: Robert Dudley, Newcastle Cognitive and Behavioural Therapies Centre and University of Newcastle upon Tyne, UK

Discussant: Nick Tarrier, University of Manchester, UK

- 8:30 Introduction.
Robert Dudley, Newcastle Cognitive and Behavioural Therapies Centre and University of Newcastle upon Tyne, UK
- 8:35 The Reliability of Cognitive Case Formulation: Implications for Practice.
Willem Kuyken, University of Exeter, UK.
- 8:50 Reliability of Cognitive Case Formulation and the Effect of Training in CBT.
Robert Dudley, Newcastle Cognitive and Behavioural Therapies Centre and University of Newcastle upon Tyne, UK
- 9:05 A Protocol for Conceptualising Depression.
Ian James, University of Newcastle Upon Tyne and Newcastle General Hospital, UK
- 9:20 Case Formulations Based on a Psychological Model of Mental Ill Health.
Peter Kinderman, University of Liverpool, UK
- 9:35 Discussion.
Nick Tarrier, University of Manchester, UK

Symposium 6

Room F14, Renold Building

Cognitive Processes in Eating Disorders.

Convenor: Michelle Lee, University of Oxford, UK

Chair: Myra Cooper, Oxford University, UK

- 8:30 Assessment of Attentional Bias in Eating Disorders Using an Enhanced Method.
Michelle Lee, University of Oxford, UK
- 8:45 Attentional Bias for Food-related Words in Obese Children.
Caroline Braet, University of Ghent, Belgium
- 9:00 The Real Problem is a Lack of Body Image Bias in Eating Disorders
Anita Jansen, University of Maastricht, The Netherlands
- 9:15 Metacognition in Anorexia Nervosa.
Myra Cooper, University of Oxford, UK
- 9:30 Imagery in Bulimia Nervosa.
Kate Somerville, University of Oxford, UK
- 9:45 Discussion.

Symposium 7

Manchester Evening News Room, Weston Building

Recent Developments in Social Phobia

Convenors: Thomas Heidenreich, University Clinic Johann Wolfgang Goethe, Frankfurt and Ulrich Stangier, University of Frankfurt, Germany

- 8:30 Memory Perspective and Self-concept in Social Anxiety.
Luisa Stopa, University of Southampton, UK
- 8:50 The Causal Role of Valence and Self-Reference of Images in Social Anxiety.
Rachel Mycroft, Institute of Psychiatry, London, UK.
- 9:05 Secondary Social Anxiety Disorders in Mental and Physical Disorders.
Ulrich Stangier, University of Frankfurt, Germany
- 9:20 Fear of Blushing: Effects of Task Concentration Training.
Sandra Mulken, University of Maastricht, the Netherlands
- 9:35 Social Phobia Treatment: Cognitive versus Interpersonal therapy. A Randomised Controlled Trial.
Finn-Magnus Borge, Modum Bad, Norway

Symposia 8

Room D7, Renold Building

Where Is the B in CBT?

Convenor: Caroline Dobson, Area Clinical Psychology Service, Inverness, Scotland

Chair: Isaac Marks, Institute of Psychiatry, and Imperial College, London, UK

Discussant: Glynn Owens, Auckland, New Zealand and University of Wales at Bangor, Wales

- 8:30 Introduction.
Glynn Owens, Auckland, New Zealand and University of Wales at Bangor, Wales
- 8:40 Trends in Methodology and Measurement in Behavioural Therapies.
Dave Peck, University of Stirling and NHS Highland, Scotland
- 9:00 Women with Learning Disabilities Detained in Hospital: Treatment of Anger and Aggression.
Alison Robertson, Northgate and Prudhoe NHS Trust, UK
- 9:20 Behaviour Therapy: Past and Future.
Paul Fleming, Greater Glasgow Primary Care Trust and University of Glasgow, Scotland
- 9:40 Discussion.
Glynn Owens, Auckland, New Zealand and University of Wales at Bangor, Wales



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Symposia 9

Lecture Theatre C2, Renold Building

Research on Borderline Personality Disorder

Convenors: Simkje Sieswerda and Arnoud Arntz, University of Maastricht, The Netherlands

Chairperson: Simkje Sieswerda, University of Maastricht, The Netherlands

- 8:30 Aversive Tension and Dissociation in Patients with Borderline Personality Disorder: A Computer-Based Controlled Field Study.
Christian Stiglmayr, Free University of Berlin, Germany
- 8:50 Social Cognition in Borderline Personality Disorder.
Arnoud Arntz, University of Maastricht, The Netherlands
- 9:10 Stability of Emotional Reactions in Borderline Personality Disorder and Depression.
Babette Renneberg, University of Heidelberg, Germany
- 9:30 Emotional Stroop Effects in Borderline Patients,
Simkje Sieswerda, University of Maastricht, The Netherlands

Open Papers 1

Room F2, Renold Building

Issues in Behavioural Medicine

Chair: Geraint Price, Central and North West London Mental Health Trust, UK

- 8:30 Maternal Posttraumatic Stress Symptoms in Response to their Child's Diagnosis of Diabetes.
Antje Horsch, Warneford Hospital, Oxford, UK
- 8:50 Effectiveness of Cognitive-behavioural Therapy in Treatment of Patients with Hypertension.
Kaidi Kiis, Central Hospital of East-Tallinn, Estonia
- 9:10 Prevention of Implantable-defibrillator Shocks by CBT: A Randomised Controlled Trial.
Jean Cottraux, Hôpital Cardiologique, Lyon, France
- 9:30 Solution-focused Multi-modal CBT for Chronic Pain.
Karin Poehelmann, Technical University of Dresden, Germany

Poster Session 1

Congress Marquee

Children, Adolescents and the Family

9:00 – 11:30

The Childhood Anxiety Sensitivity Index (CASI): Psychometric Properties and Factor Structure of the German Version.
Carmen Adornetto, Institute of Psychology, Basel, Switzerland

Prevention of Depression in Young People
Erikur Örn Arnarson, Landspítali-University Hospital, Iceland

Comparison of the Theory of Mind Between Children with Attention Deficit Hyperactive Disorder and Children with High Functioning Autism.
Noemí Balmanya, Hospital Mútua de Terrassa, Institut Universitari Dexeus, Spain

The Development of a Paradigm to Investigate Implicit Information Processing in Children with Anxiety Disorders.
Judith Blatter, University of Basel, Switzerland

Effectiveness of an Individually Tailored Multimodal Intervention in ADHD Children: A Longitudinal View.
Dieter Breuer, University of Cologne, Germany

Training Teachers in the Management of Asperger Syndrome: A Controlled Trial.
S. Burke and Kate Sofronoff, University of Queensland, Australia

Implicit Food Preference in Childhood Obesity
M. Craeynest, University of Ghent, Belgium

Social Fears In Adolescence: The Anxiety and Avoidance Scale Situations for Adolescents.
Marina Cunha, University of Coimbra, Portugal

Body Culture in Adolescents, Data from a Portuguese Sample.
Claudia Ferreira, University of Coimbra, Portugal

Relation Between Family Behaviour and Adolescence Aggression.
Mehri Golchin, Isfahan Medical Sciences University,

Asperger Syndrome and CBT: New Individual and Group Applications for Psychologists.
Anne Greig, Argyll and Bute Psychological Service and Strathclyde University, UK

Cognitive Flexibility and Vulnerability to Depression in Early Adolescence.
Emily Holden, University of Exeter, UK

Cognitive-behavioral Treatment in Patients with Acquired Brain Lesions in Childhood.
Liscio M, IRCCS E. Italy

Depression Among Adolescents with Cerebral Palsy.
Ana Paula Matos, University of Coimbra, Portugal

Social Skills Training Groups For Adolescents In A Mental Health Centre
Mireia Querol, Alvarez M, Calderón E, Itxaso Figueras, Mútua de Terrassa Hospital. Barcelona, Spain

Restrained Eating in Obese Children and Their Parents
Sandra Roth, Vanessa Speck and Munsch, S. University of Basel, Switzerland

A Developmental Psychopathology of Adolescent Onset.
Matthias Schwannauer, University of Edinburgh, Scotland.

Posttraumatic Stress Disorder and Childhood Cancer Survivors.
Suneon J., Goodenough B., Cohn R., and Johnston K., Sydney Children's Hospital, Australia and The University of New South Wales, Australia

Catastrophic Thinking About Pain is Independently Associated with Pain Severity, Disability, and General Somatic Complaints in Children With and Without Chronic Pain.
Vervoort Tine, Liesbet Goubert, Christopher Eccleston, Patricia Bijttebier and Geert Crombez, University of Ghent, Belgium

Negative Automatic Thoughts, Study Habits and Test Anxiety in Elementary School Students.
Ivanka Zivcic-Becirevic, University of Rijeka, Croatia



SEPTEMBER 2004

Thursday

9.00 - 11.30

In-Congress Workshops

Venue will be detailed on Workshop Entry Ticket

Mindfulness-based Cognitive Therapy: A Workshop for Instructors

Mark Williams, University Department of Psychiatry, Warneford Hospital, Oxford and Antonia Sumbundu, Center for Cognitive Therapy, St Hans Hospital, Roskilde, Denmark

Cognitive Behavioural Treatment for Chronic Illness Focusing on Diabetes

Trudie Chalder, Guy's, King's and St Thomas School of Medicine and Suzanne Roche, South London and Maudsley NHS Trust, London, UK

The Treatment of Child and Adolescent Terrorist Related Trauma

Alistair Black, Police Rehabilitation and Retraining Trust, Child and Adolescent Therapy Service, Northern Ireland

Assessment of Cognitive Therapy Skills for People with Intellectual Disability and Lower Ability

Dave Dagnan, University of Northumbria in Newcastle, UK

Cognitive Behavioural Treatment of Unwanted Mental Intrusions in Anxiety and Depression

David A. Clark, University of New Brunswick, Canada

10.00 - 11.30

Symposium 10

Lecture Theatre C16, Renold Building

Anxiety and Attention: Research Innovations and Implications for Theory and Treatment

Convenor and Chair: Warren Mansell, Institute of Psychiatry, London, UK

Discussant: Marcel van den Hout, University of Utrecht, The Netherlands

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- 10:00 **Factors Determining Attention Bias for Facial Threat.**
Arne Öhman, Karolinska Institutet, Stockholm, Sweden
- 10:20 **The Role of Anxiety in Determining the Detection and Disengagement of Attention from Angry Facial Expressions.**
Elaine Fox, University of Essex, UK
- 10:40 **Cognitive Biases in Anxiety: Some Unresolved Questions.**
Karin Mogg and Brendan Bradley, University of Southampton, UK
- 11:00 **Attentional Processes in the Maintenance and Treatment of Social Phobia.**
Susan Bögels, University of Maastricht, The Netherlands
- 11:20 **Discussion.**
Marcel van den Hout, University of Utrecht, The Netherlands

Symposium 11

Lecture Theatre C9, Renold Building

Innovations in the Treatment of Generalised Anxiety Disorder

Convenor: Mary Welford, Manchester Mental Health and Social Care Trust, UK

Discussant: Tom Borkovec, Penn State University, USA

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- 10:00 **Predictive Validity of Two Prognostic Indices for Generalised Anxiety Disorder: Complexity of Problems and Quality of Therapeutic Alliance.**
Peter Fisher, University of Manchester, UK
- 10:25 **Metacognitive Therapy for GAD: An Open Trial.**
Adrian Wells, University of Manchester, UK
- 10:50 **Metacognitive Therapy for GAD with Comorbid Axis I Disorders: A Preliminary Study.**
Mary Welford, Manchester Mental Health and Social Care Trust, UK
- 11:15 **Discussion.**
Tom Borkovec, Penn State University, USA

Symposium 12

Lecture Theatre C1, Renold Building

Substance Misuse and Psychosis.

Chair and Convenor: Christine Barrowclough, University of Manchester, UK

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- 10:00 **Introduction**
- 10:05 **A Randomised Controlled Trial of CBT among People with a Psychotic Illness and Coexisting Alcohol and Other Drug Problems.**
Amanda Baker, University of Newcastle, Australia
- 10:25 **Can the Treatment of Substance Misuse and Mental Health Be Integrated? A Methodology and Its Application in Assertive Outreach Teams.**
Hermine L. Graham, Birmingham and Solihull Mental Health NHS Trust and University of Birmingham, UK
- 10:45 **Cannabis and the Course and Outcome of Schizophrenia.**
Don Linszen, University of Amsterdam, The Netherlands
- 11:05 **Psychosis and Substance Misuse: Development of a Treatment Model.**
Christine Barrowclough, University of Manchester, UK
- 11:25 **Discussion**



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Symposium 13

Weston Lecture Theatre, Weston Building

Use of New Technologies in the Treatment of Children and Adolescents.

Convenor and Chair: Ulrike Schmidt, Institute of Psychiatry, London, UK

- 10:00 Computer Assisted Brief Treatment for Spider Phobia.
William Yule, Institute of Psychiatry, London, UK
- 10:15 Stressbusters: Developing an Interactive Multimedia CD-Rom for the Treatment of Depression in Adolescents.
Alex Robinson, Institute of Psychiatry, London, UK
- 10:30 WWW.depressioninteenagers.com: The Development and Evaluation of a Depression CD-ROM and Website for Adolescents.
Cathy Richards, Royal Edinburgh Hospital, Edinburgh, Scotland
- 10:45 Computer-aided Self-help for Adolescents with Phobia/panic or Obsessive-Compulsive Disorder.
Isaac Marks, Institute of Psychiatry and Imperial College, London, UK
- 11:00 A Pilot Study of Telephone CBT for Young People with Obsessive-compulsive Disorder.
Cynthia Turner, Institute of Psychiatry, London UK
- 11:15 Treating Bulimia Nervosa in Adolescent Outpatients: Development and Audit of a New City-wide Service.
Jane Morris, Greater Glasgow Primary Care Trust and Chris Williams, University of Glasgow, Scotland

Symposium 14

Lecture Theatre C2, Renold Building

Risk Factors and the Treatment of Chronic Pain

Convenors: Steven Linton, Orebro University Hospital, Sweden and Amanda C. Williams, Institute of Psychiatry, London

- 10:00 Introduction.
Steven Linton, Orebro University Hospital, Sweden
- 10:10 Putting Risk into Context: Accounting for Social and Relational Factors in Chronic Pain.
Chris Eccleston, University of Bath and the Royal National Hospital for Rheumatic Diseases NHS Trust, Bath, UK
- 10:25 The Role of Psychosocial Factors: Targets for Treatment or Obstacles to Recovery?
Chris J. Main, University of Manchester, UK
- 10:40 (Hyper)vigilance to Pain: Evidence and Clinical Implications.
Geert Crombez, University of Ghent, Belgium
- 10:55 How Should We Understand Depression in People with Pain?
Amanda C. Williams, Institute of Psychiatry, University of London UK
- 11:10 Discussion.
Steven Linton, Orebro University Hospital, Sweden

Symposium 15

Room F14, Renold Building

Body Image in Eating Disorders: Assessment and Treatment

Convenors: Brunna Caffier-Tushen, University of Bielefeld, Germany

Chair and Discussant: Glenn Waller, St George's Eating Disorders Service, London, UK

- 10:00 Body Checking in the Eating Disorders: Relationship Between Cognitions and Behaviours.
Vicki Mountford and Anne Haase, St Georges Eating Disorders Service, London and University of Bristol, UK
- 10:15 Mirror, Mirror on the Wall: An Investigation into the Mirror Behaviour of Patients with Eating Disorders.
Michael Probst, K.U. Leuven, Universitair Centrum Kortenberg, and Arteveldehogeschool Opleidingseenheid Kinesitherapie Ghent, Belgium.
- 10:30 Guided Mirror Exposure in the Treatment of Dysfunctional Body Shape and Weight Concerns.
G. Terence Wilson, Rutgers University, USA
- 10:45 How to Improve Body Dissatisfaction; Mirror Exposure Compared to Cognitive Intervention.
Brunna Tuschen-Caffier, Schüssel, C. University of Bielefeld and Weinbrenner, B., Institut Siegen, Germany
- 11:00 Changes in Body Size Estimation with Cognitive Behavioural Therapy.
Roz Shafran, Michelle Lee, and Chris Fairburn, University of Oxford, UK
- 11:15 Discussion.

Symposium 16

Manchester Evening News Room, Weston Building

Cross-cultural Aspects of Social Anxiety: An International Initiative

Convenor: Ulrike Willutzki, Ruhr University Bochum, Germany

- 10:00 Independent vs Interdependent Self-construals and Social Anxiety in Iranian vs. German Students.
G. Yeganeh and Ulrich Stangier, University of Frankfurt, Germany
- 10:25 Interpersonal Problems in Depression vs. Social Phobia.
Ulrich Stangier, Esser, F., Leber, S. University of Frankfurt, Germany
- 10:50 Changes in Interpersonal Problems During Psychotherapy of Social Phobia.
Ulricke Willutzki, Ruhr-University Bochum, Germany
- 11:15 Discussion.



SEPTEMBER 2004

Thursday

Symposium 17

Room H11, Renold Building

A Decade On: Long-term Outcome of 8 Clinical Trials of Cognitive Behaviour Therapy for Anxiety Disorders

Convenor: Rob Durham University of Dundee, Scotland

Chair: Kevin Power, University of Stirling, Scotland

Discussant: Kate Davidson, University of Glasgow, Scotland

- 10:00 Introduction.
Kevin Power, University of Stirling, Scotland
- 10:10 Long-term Outcome of Anxiety Disorders?
Julie Chambers, University of Stirling and University of Dundee, Scotland
- 10:25 What Determines Long-term Outcome?
Ranald MacDonald, University of Stirling, Scotland
- 10:40 Health Economic Analysis of Long-term Outcome.
Kirsten Major, Ayrshire and Arran Health Board, Scotland
- 10:55 Clinical and Theoretical Implications of Findings.
Rob Durham, University of Dundee, Scotland
- 11:20 Discussion.
Kate Davidson, University of Glasgow, Scotland

Symposium 18

Room D7, Renold Building

Cognitive Remediation Therapy

Convenor: Claire Reeder, Institute of Psychiatry, London, UK

- 10:00 Introduction
- 10:05 Negative Symptoms Matter in the Leap From Cognition to Community Function in Schizophrenia: Implications for Intervention.
Kathryn E. Greenwood, Institute of Psychiatry, London, UK
- 10:25 Cognitive and Psychosocial Mechanisms in the Framework of Cognitive Remediation Therapy: Brenner's Model.
Rafael Penadés, Clinical Institute of Psychiatry and Psychology, Hospital Clinic, Barcelona, Spain
- 10:45 Who Responds to Cognitive Remediation Therapy (CRT) for Schizophrenia?
Claire Reeder, Institute of Psychiatry, London, UK
- 11:05 Cognitive Remediation Therapy for People with Schizophrenia: New Results From a Randomised Controlled Trial.
Til Wykes, Institute of Psychiatry, London, UK
- 11:25 Discussion

Roundtable 1

Room E7, Renold Building

Case Formulation: Art and Science

Convenors: Willem Kuyken, University of Exeter, UK and Robert Dudley, Newcastle Cognitive and Behavioural Therapies Centre, and University of Newcastle upon Tyne, UK

Chair: Willem Kuyken, University of Exeter, UK

- 10:00 Introduction.
Willem Kuyken, University of Exeter, UK
- 10:05 The Role of Case Formulation in Evidence-based Psychological Therapies in the NHS: Examples from Cognitive Therapies.
Glenys Parry, University of Sheffield, UK
- 10:15 Formulation-driven CBT for Psychosis.
Dan Freeman, Institute of Psychiatry, London, UK
- 10:25 Case Formulation and Self-help CBT.
Chris Williams, University of Glasgow, Scotland
- 10:35 Indirect Use of Case Formulation with Carers of People with Dementia.
Ian James, Newcastle Cognitive Therapy Training Centre, UK
- 10:45 Training and Supervision.
Melanie J. Fennell, University of Oxford, UK
- 11:00 Discussion

Open Papers 2

Room F2, Renold Building

Neuropsychology, Physiology and Temperament: Relationships with Cognition/Behaviour

Chair: Nick Hawkes, University of East London, UK

- 10:00 Autonomic and Respiratory Pathophysiology of Clinical Anxiety: Effects of Diagnosis, Situation, and Treatment.
Frank H. Wilhelm, University of Basel, Switzerland and Stanford University, USA
- 10:15 Neuroimaging and CBT on Anxiety Disorders.
Jan Prasko, Medical Faculty of Charles University and Centre of Neuropsychiatric Studies, Prague, Czech Republic
- 10:35 Perceptual Asymmetries in Generalised Anxiety Disorder.
Regina John, Technische Universität Dresden, Germany
- 10:55 Relationships Between Schemas (Young's Model) and the Bis/Bas Individual Differences (Gray's Model).
Jordi Cid, Parc Hospitalari Martí i Julià. I.A.S. Girona, Spain
- 11:10 How Similar are Predictors of Onset and Course in Generalised Anxiety Disorders?
Katja Beesdo, Technische Universität Dresden, Germany



SEPTEMBER 2004

11.30 - 12.30

Keynote Speakers

Professor Susan Bögels, University of Maastricht, The Netherlands

Anxiety Disorders and the Family

Chair: Dr Sam Cartwright-Hatton, University of Manchester, UK
Weston Lecture Theatre, Weston Building

Professor Andrew Matthews, Cognition and Brain Sciences Unit, Cambridge, UK

Emotional Processing Biases: Nature and Modification

Chair: Professor Tom Borkovec, Penn State University, USA
Lecture Theatre C16, Renold Building

Professor Philippa Garety, Institute of Psychiatry, London, UK

Delusions: A Matter of Judgement?

Chair: Dr Daniel Freeman, Institute of Psychiatry, London, UK
Lecture Theatre C1, Renold Building

Professor David Richards, University of York, UK

Throwing Therapy Away: Stepping Up or Dumbing Down? An Examination of Solutions that Improve Access to Therapy

Chair: Karina Lovell, University of Manchester, UK
Lecture Theatre C9, Renold Building

Dr Ulrike Schmidt, Institute of Psychiatry, London UK

The Relationship between Motivational Enhancement and CBT in Eating Disorders: Are They an Odd Couple?

Chair: Professor G. Terence Wilson, Rutgers University, USA
Lecture Theatre C2, Renold Building

Professor Bill Lindsay, University of Abertay, Dundee, Scotland

Considering Emotion in People with Intellectual Disabilities within a Cognitive-Behavioural Framework

Chair: Professor John L Taylor, Northumbria University, UK
Manchester Evening News Room, Weston Building

1.30 - 3.30

Symposium 19

Lecture Theatre C16, Renold Building

Training Cognitive Bias in Emotional Disorders I

Convenor: Colette Hirsch, Institute of Psychiatry, London, UK
Chair and Discussant: Sue Grey, South London and Maudsley NHS Trust, UK

- 1:30 Introduction.
Sue Grey, South London and Maudsley NHS Trust, UK
- 1:38 Differential Emotional Effects of Inducing Interpretation Bias via Mental Images or Words.
Emily A. Holmes and Andrew Mathews, MRC Cognition and Brain Sciences Unit, Cambridge, UK
- 1:56 Emotional Interpretation Bias: Is Active Generation Needed for Anxiety Change?
Laura Hoppitt, Andrew Mathews and Jenny Yiend, MRC Cognition and Brain Sciences Unit, Cambridge, UK
- 2:14 Does Evaluative Conditioning Work as a Conditioning Process or a Training Paradigm?
Graham C.L. Davey and Kristy Lascelles, University of Sussex, UK
- 2:32 Assessing the Causal Basis of Selective Processing of Threat in Spider Fearful Participants.
Elaine Fox, University of Essex, UK

Symposium 20

Room H11, Renold Building

The Hide and Seek of Cognitive Vulnerability Markers for Depressed Mood: Empirical Data on Implicit Attitudes, Attention and Inhibition.

Convenor and Chair: Rudi De Raedt, University of Ghent, Belgium

- 1:30 Introduction.
Rudi De Raedt, University of Ghent, Belgium
- 1:35 In Search for Cognitive Vulnerability for Depression in Dysphoric and Non-dysphoric Individuals: The Role of Implicit Self-esteem.
Erik Franck, Rudi De Raedt and Ellen Goeleven, University of Ghent, Belgium
- 1:52 The Role of Inhibition Processes in Emotional Reactivity to Depressogenic Stimuli.
Ellen Goeleven, Rudi De Raedt and Erik Franck, University of Ghent, Belgium
- 2:09 Dysphoria Impairs Attentional Disengagement from Negative Information.
Ernst Koster, Erik Franck, Ellen Goeleven, Rudi De Raedt and Geert Crombez University of Ghent, Belgium
- 2:26 A Positive Bias in Implicit Self-esteem in Currently Depressed Patients?
Rudi De Raedt, Rik Schacht and Jan De Houwer, University of Ghent, Belgium
- 2:43 Discussion



SEPTEMBER 2004

Thursday

Symposium 21

Weston Lecture Theatre, Weston Building

Family Factors in the Development and Treatment of Anxiety in Children and Adolescents.

Convenor and Chair: Cathy Creswell, University of Reading, UK

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- 1:30 Measured Family Environmental Influences on the Association Between Anxiety and Sleep Problems in a Large Sample of Pre-school Aged Twins.
Alice Gregory, Institute of Psychiatry, London, UK
- 1:55 Parental Cognitions and Expectations of Their Preschool Children: The Contribution of Parental Anxiety and Child Anxiety.
Rebecca Wheatcroft, Greenwich Child and Adolescent Mental Health Service, London, U.K.
- 2:15 The Moderating Effect of Maternal Anxiety on the Clinical Outcome of Child Anxiety Disorders.
Catherine Gallop, University of Reading, UK
- 2:35 The Influence of Parental Anxiety Treatment on Children's Psychopathology.
Tina In-Albon, University of Basel, Switzerland

Symposium 22

Lecture Theatre C2, Renold Building

Cognitive-behavioural Approaches Applied to Health Anxiety and "Hypochondriasis": The Results are Reassuring.

Convenor: Paul Salkovskis, Institute of Psychiatry, London, UK

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- 1:30 Health Anxiety and Hypochondriasis: Why We Should be Optimistic.
Paul Salkovskis, Institute of Psychiatry, London, UK
- 1:45 A Randomised Controlled Trial of CBT for Hypochondriasis.
Ulla Wattar, Centre for Cognitive Therapy, Copenhagen, Denmark.
- 2:00 A Randomised Controlled Study of CBT for Hypochondriasis.
Per Sorensen, Bispebjerg University Hospital, Copenhagen, Denmark.
- 2:15 A Randomised Controlled Trial of CBT and Paroxetine in Hypochondriasis
Anja Greeven, T Van Balkom, P.Spinhoven, Leiden University, The Netherlands
- 2:30 Catastrophising in Health Anxiety and Chronic Pain.
Sibylle Rode, Heinrich Mann Klinik, Germany, Paul Salkovskis, Institute of Psychiatry, U.K.
- 2:45 Discussion
Paul Salkovskis, Institute of Psychiatry, London, U.K.

Symposium 23

Room E7, Renold Building

Low Intensity Interventions in Cognitive Behaviour Therapy: Evidence for Effectiveness.

Convenor and Chair: Gerhard Andersson, Linköping University, Sweden

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- 1:30 Introduction
Gerhard Andersson, Linköping University, Sweden
- 1:40 The Right Guidance Can be Effective Given in Many Different Ways.
Isaac Marks, Institute of Psychiatry and Imperial College, London, UK
- 2:00 A Randomised Controlled Study Investigating the Efficacy of CBT with OCD Delivered by Phone or Face to Face.
Karina Lovell, University of Manchester, UK
- 2:20 Treatment of Specific Phobia Delivered via the Internet vs. One-session Exposure Treatment.
Gerhard Andersson, Linköping University, Sweden
- 2:40 Treatment of Panic Disorder: Live Therapy vs. Self-Help via the Internet
Per Carlbring, Uppsala University of Uppsala, Sweden

Symposium 24

Room F14, Renold Building

Cognitive Behaviour Therapy in the Treatment of Opiate Misusers in Methadone Maintenance Programmes: An Overview and Results from the UKCBTMM Trial.

Convenors: Paul Davis, University College London and Colin Drummond, St George's Hospital Medical School, London, UK
Chair: Colin Drummond, St George's Hospital Medical School, London, UK

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- 1:30 Introduction
- 1:35 Overview and Design of the UKCBTMM Trial.
Colin Drummond, St George's Hospital Medical School, University of London, UK
- 2:00 Treatment Outcomes and Health Economic Analysis.
Simon Coulton, University of York, UK
- 2:25 Training Implications and Applicability of CBT to the NHS Drug Treatment Setting.
Christos Kouimtsidis, St George's Hospital Medical School, University of London, UK
- 2:50 Discussion



SEPTEMBER 2004

Symposium 25

Manchester Evening New Room, Weston Building

Assessment and Treatment of Mental Health Problems in People with Intellectual Disabilities

Convenor: Chris Hatton, Lancaster University, UK

- 1:30 Introduction
- 1:35 The Reliability and Validity of General Psychotic Rating Scales with People with Mild Intellectual Disabilities.
Chris Hatton, Lancaster University, UK
- 1:55 Cognitive Behavioural Treatment for People with Intellectual Disabilities and Psychosis: A Case Series.
Gillian Haddock, University of Manchester, UK
- 2:15 The Assessment of Interpersonal Problems in People with Intellectual Disabilities.
Stephen Kellett, Psychological Healthcare, Barnsley, UK
- 2:35 Evaluating the Ability of People with Intellectual Disabilities and Psychosis to Distinguish between Activating Events, Beliefs and Affect.
Steve Oathamshaw, University of Manchester, UK
- 2:55 Discussion

Symposium 26

Lecture Theatre C9, Renold Building

Self Esteem: Theoretical and Clinical Issues

Convenor: Mary Welford, Manchester Mental Health and Social Care Trust, UK

- 1:30 A Service Users Perspective on the Term 'Self Esteem'.
Mary Welford, Manchester Mental Health and Social Care Trust, UK
- 1:55 The Relationship Between the Concepts of Both Internal and External Shame and Self Esteem.
Paul Gilbert, Derbyshire Mental Health Services Trust, UK
- 2:20 There's No Such Thing as the Self. So What Are We Esteeming in Self Esteem?
Peter Trower, University of Birmingham, UK
- 2:45 Discussion

Roundtable 2

Lecture Theatre C1, Renold Building

Cognitive Behaviour Therapy for Psychosis: Do We Have a Unified Therapy?

Convenor: Emmanuelle Peters, Institute of Psychiatry, London, UK

Chair: Aaron T. Beck, University of Pennsylvania, USA

Speakers:

- David Fowler, University of East Anglia, UK
- Max Birchwood, University of Birmingham, UK
- David Kingdon, University of Southampton, UK
- Nick Tarrier, University of Manchester, UK
- Hazel Nelson, Private Practice, UK

Roundtable 3

Room F2, Renold Building

European Training Standards: Where Are We Now?

Convenor: Jaak Beckers, EABCT Training Coordinator, Belgium

Contributors include:

- Andre Mason, AEMTC, Belgium
- Egil Matinsen, Norway
- Francesco Aquilar, Italy
- Tom Van der Schoot, The Netherlands
- Joop Meijers, Israel
- and other EABCT Representatives

Open Papers 3

Room D7, Renold Building

Attributional Style and Psychosis: Current Perspectives

Chair: Lloyd Humphreys, Bolton, Salford and Trafford Mental Health NHS Trust, Manchester, UK

- 1:30 Attributional Style in Psychosis: Pathological or Preventative?
Lloyd Humphreys, Bolton, Salford and Trafford Mental Health NHS Trust, Manchester, UK
- 1:50 Jumping to Conclusions and Attributional Style in Persecutory Delusions.
Jayne Merrin, Merseycare NHS Trust, UK
- 2:05 Clinical Implications of the Attributional Model of Paranoia.
Peter Kinderman, University of Liverpool, UK
- 2:25 A Comparison of Expressed Emotion and Attributions in the Relatives of Schizophrenia and Dual Diagnosis Patients.
Jonathan Ward, Bolton, Salford and Trafford Mental Health NHS Trust, Manchester, UK
- 2:40 The Impact of Beliefs about Mental Health Problems and Coping on Outcome in Schizophrenia.
Fiona Lobban, University of Liverpool, UK



SEPTEMBER 2004

Thursday

1.30 - 4.30

In-Congress Workshops

Lies, Damned Lies and Information Processing: Making Sense of False Memory, Flashbacks and Other Tricks of the Mind.
Helen Kennerley, Oxford Cognitive Therapy Centre, UK

Clinical Methods for the Early Identification and Treatment of Pain.
Steven Linton, Örebro University Hospital and Örebro University, Sweden

Couple Therapy: Helping Couples Who Suffer From Relationship and/or Sexual Problems.
Mehmet Sungur, Medical School of Marmara University, Istanbul, Turkey and Kevan Wylie, Royal Hallamshire Hospital, Sheffield, UK.

Staying Well After Psychosis: A Cognitive Behavioural Approach to Relapse Prevention.
Andrew Gumley, University of Glasgow, Scotland

Skills Directed Therapy with Children and Adolescence.
Tammie Ronen, Tel-Aviv University, Israel.

3.00 - 4.30

Symposium 27

Lecture Theatre C16, Renold Building

Training Cognitive Bias in Emotional Disorders II

Convenor: Colette Hirsch Institute of Psychiatry, London, UK

Chair and Discussant: Sue Grey, South London and Maudsley NHS Trust, UK

- 3:08 A Causal Role for Interpretations in Negative Self Imagery: A Test in Non-anxious Volunteers.
Colette Hirsch, Institute of Psychiatry, London, UK and Andrew Mathews, MRC Cognition and Brain Sciences Unit, David M. Clark, Ruth Williams, and Joanna Morrison, Institute of Psychiatry, London, UK
- 3:36 The Enduring Consequences of Experimentally Induced Biases in Interpretation.
Bundy Mackintosh, MRC Cognition and Brain Sciences Unit, Cambridge, UK
- 3:44 Training Attentional Biases in Generalized Anxiety Disorder
Jonathan Huppert, University of Pennsylvania, USA
- 4:02 Modification of Attentional Bias in Social Phobia: Change in Attention, Generalisability Across Paradigms, and Change in Symptoms.
Nader Amir, University of Georgia, USA
- 4:20 Discussion.
Sue Grey, South London and Maudsley NHS Trust, UK

Symposium 28

Lecture Theatre C9, Renold Building

The State of the Art in Depression Research I: Cognitive Processes

Convenors and Chairs: Costas Papageorgiou, University of Lancaster and Edward Watkins, University of Exeter, UK

Discussant: Dirk Hermans, University of Leuven, Belgium

- 3:00 Cognitive Vulnerability to Depression: Disentangling a Gordian Knot.
David A. Clark and Gil Robinson, University of New Brunswick, Canada
- 3:20 Cognitive Reactivity in Depression.
John E. Roberts, Morgen A. R. Kelly, and Kathryn A. Bottonari, University at Buffalo, State University of New York, USA
- 3:40 Depressive Rumination: A Clinical Metacognitive Model.
Costas Papageorgiou, University of Lancaster, UK
- 4:00 Understanding Depressive Rumination.
Edward Watkins, University of Exeter
- 4:20 Discussion.
Dirk Hermans, University of Leuven, Belgium

Symposium 29

Lecture Theatre C1, Renold Building

Caring for Psychosis

Convener: Elizabeth Kuipers, Institute of Psychiatry, King's College, London, UK

- 3:00 "Our Point of View" Survey.
Paul Farmer, RETHINK, UK
- 3:15 Workforce and Management Issues in the Implementation of Family-Sensitive Services.
Grainne Fadden, Birmingham Mental Health Trust, UK
- 3:30 An Exploratory Randomised Controlled Trial of an NHS-feasible Carers' Intervention in Psychosis.
George Szumukler, Institute of Psychiatry, London, UK
- 3:45 New Insights in Psychosis and Its Relevance for Carers.
Philippe Delespaul and Jim van Os, University of Maastricht, The Netherlands
- 4:00 Illness Representation and the Experience of Caregiving Amongst Carers of Individuals with Psychosis.
Juliana Onwumere, Institute of Psychiatry, London, UK
- 4:15 Dissimilarity in Patients' and Carers' Representations of Psychosis: An Exploration of Relations to Patient and Carer Adaptation.
Phil Watson, Institute of Psychiatry, London, UK



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Symposium 30

Weston Lecture Theatre, Weston Building

Interventions with Children and Adolescents Who Have Experienced Trauma

Convenor: Paul Stallard, Royal United Hospital, Bath, UK

Chair: William Yule, Institute of Psychiatry, London, UK

- 3:00 Introduction.
William Yule, Institute of Psychiatry, London, UK
- 3:05 The Case for Using Cognitive Models of PTSD in Children and Adolescents: Review of the Literature and Two New Studies.
Richard Meiser-Stedman, Institute of Psychiatry, London, UK
- 3:25 Does Early Intervention Prevent Psychological Distress in Children Involved in Road Traffic Accidents? The Results of a Randomised Controlled Trial.
Paul Stallard, Avon and Wiltshire Mental Health Partnership NHS Trust and University of Bath, UK
- 3:45 A Randomised Controlled Trial of CBT for Childhood Posttraumatic Stress Disorder.
Patrick Smith, Institute of Psychiatry, London, UK
- 4:05 Challenges in Reaching Children and Adolescents Following War and Disasters.
Atle Dyregrov, Center for Crisis Psychology, Bergen, Norway
- 4:25 Panel Discussion

Symposium 31

Lecture Theatre C2, Renold Building

Cognitive Behaviour Therapy in Physical Illness

Convenor and Chair: Stirling Moorey, South London and Maudsley NHS Trust, UK

Discussant: Anne Marie O'Dwyer, St James's Hospital, Dublin, Ireland

- 3:00 Cognitive Behaviour Therapy in Patients with Kidney Failure
Linda Fisher, Institute of Psychiatry, London, UK
- 3:15 When Severe Health Related Anxiety Occurs in the Context of Genuine Physical Illness.
Sonya Collier, St James's Hospital, Dublin, Ireland
- 3:30 So Much To Do, So Little Time: Training Palliative Care Nurses to Use CBT Techniques in Their Home Consultations.
Stirling Moorey, South London and Maudsley NHS Trust, UK
- 3:45 The Highs and Lows of Training Diabetes Nurses in CBT.
Trudie Chalder, King's and St Thomas' School of Medicine, London, UK
- 4:15 Discussion

Symposium 32

Room E7, Renold Building

Using Self-help in Busy Clinical Practice: Planned Stepped Care Delivery

Convenor: Chris Williams, University of Glasgow, Scotland

- 3:00 Who Does Best with Self-help and Brief Interventions in Generalised Anxiety Disorder?
Rob Durham, University of Dundee, Scotland
- 3:10 Computerised CBT for Anxiety and Depression in Primary Care.
David A Shapiro, Universities of Leeds and Sheffield, UK
- 3:20 CBT Self-help at Home.
Isaac Marks, Institute of Psychiatry and Imperial College, London, UK
- 3:30 Applying the Results of Research on Self-help to Primary Care.
Liz Anderson, University of Bristol, UK
- 3:40 A Randomised Controlled Trial Evaluating the Overcoming Depression CD Rom Conducted on a CBT Waiting List.
Robert Dudley, Newcastle Cognitive and Behavioural Therapies Centre and University of Newcastle upon Tyne, UK
- 3:50 Delivering Structured CBT Self-help Workbooks in Primary Care: The First 100 Patients Offered Self-help by a Primary Mental Health Care Team.
Chris Williams, University of Glasgow, Scotland
- 4:00 The Effectiveness of Minimal Contact Bibliotherapy for Primary Care Patients with Minor Depression: A Randomised Trial.
Godelief Willemse, Netherlands Institute of Mental Health and Addiction, The Netherlands
- 4:10 An Evaluation of Structured Self-help Within Community Based Depression Management Classes.
Mark Bradley, Tees and North East Yorkshire NHS Trust, UK
- 4:20 Discussion

Symposium 33

Room F14, Renold Building

Abusive Images of Children and the Internet

Convenor: Max Taylor, University College Cork, Ireland

- 3:00 The Behavioural Context of Abuse Images on the Internet.
Max Taylor, University College Cork, Ireland
- 3:25 A Model of Internet Behaviour Involving Abuse Images of Children.
Ethel Quayle, University College Cork, Ireland
- 3:50 Treatment Approaches to Internet Offenders.
David Middleton, Home Office, National Probation Directorate, UK
- 4:15 Discussion



SEPTEMBER 2004

Thursday

Symposium 34

Manchester Evening News Room, Weston Building

Social Cognition and Psychological Distress in People with Intellectual Disabilities

Convenor: Andrew Jahoda, University of Glasgow, Gartnavel Royal Hospital, Scotland

- 3:00 Introduction
- 3:05 Social Perception in Infants and Children with Intellectual Difficulties: Clinical Implications.
Derek G Moore, University of East London, UK
- 3:25 Causes of Aggression for People with a Learning Disability: Differences in Expected Outcomes of Submissiveness.
Carol Pert and Andrew Jahoda, Glasgow University and The Glasgow Learning Disability Partnership, UK
- 3:45 What's Happening? The Experience of Anxiety and Depression in Young People with Learning Disabilities.
Andrew Jahoda, University of Glasgow and Glasgow Learning Disability Partnership, Alastair Wilson, University of Strathclyde, Kirsten Stalker, University of Stirling, Scotland
- 4:05 A Social-Cognitive Model of Distress in People with Learning Disabilities: Research and Clinical Implications.
Dave Dagnan, North Cumbria Mental Health and Learning Disabilities NHS Trust and Northumbria University, Kathryn McDowell and Martina Waring, North Cumbria Mental Health and Learning Disabilities NHS Trust, UK
- 4:25 Discussion

Symposium 35

Room D7, Renold Building

Involving Service Users in Research

Convenor and Chair: Til Wykes, Institute of Psychiatry, London, UK

- 3:00 Introduction
- 3:05 Involving Service Users in Research: A Question of Definitions.
Judi Chamberlin, USA.
- 3:25 The User/Survivor Movement in Europe and an Example of Research.
Diana Rose, London UK
- 3:45 A User Led Qualitative Research Study Exploring the Subjective Experience of Recovery from Psychosis.
Martina Kilbride and Liz Pitt, Bolton, Salford and Trafford NHS Trust
- 4:05 Service Users in Research: The Effect on Design and Analysis.
Til Wykes Institute of Psychiatry, London, UK
- 4:25 Discussion

Open Papers 4

Room F2, Renold Building

Efficacy of Cognitive Behaviour Therapy

Chair: Nick Hawkes, University of East London, UK

- 3:00 Early Intervention with Cognitive Behaviour Therapy to Prevent Panic Disorder: A Pilot Study.
Alex Nuthall, Shropshire County Primary Care Trust, Shrewsbury, UK
- 3:20 Cognitive-behavioral Therapy and Pharmacotherapy in the Treatment of Patients Suffering with Unipolar Recurrent Depression.
Jan Prasko, Charles University, Prague, Czech Republic
- 3:40 A Randomised Controlled Trial Comparing an Adult Education Class Using CBT ('Stresspac') vs Anxiety Management Group Treatment for Anxiety Disorders in Adult Mental Health.
Neil Kitchiner, University Hospital of Wales and University of Wales College of Medicine, Wales
- 4:00 Treatment of Burnout: A Randomised Controlled Trial Evaluating the Effects of Individual and Group Stress Management Training and Care as Usual.
Wieke de Vente, University of Amsterdam, The Netherlands

2.00 - 4.30

Poster Session 2

Congress Marquee

Psychosis

The Relationship Between Delusional Ideations and Stress Coping in Japanese College Students.

Syudo Yamasaki, Hiromi Arakawa, Yoshihiko Tann, University of Tokyo, Japan

Group CBT for Residual Delusions in Schizophrenia.

Yulia Landa, Adam Savitz, Steven Silverstein, Cornell University and University of Illinois at Chicago, USA

Premorbid Adjustment in Schizophrenia: Relationship With Neurocognition, Theory of Mind (Tom) and Psychosocial Functioning.

Esther Pousa *et al.*, Parc Taulí Hospital, Sabadell, Barcelona, Spain

Episode II: Prevention of Relapse Following Early Psychosis.

Gleeson, J.F.M., *et al.*, The University of Melbourne and ORYGEN Youth Health Melbourne, Australia

CBT in Schizophrenia: The Potential Utility of Burns' Autonomy Scale.

Steve Moorhead *et al.*, Newcastle North Tyneside and Northumberland Mental Health NHS Trust and University of Newcastle upon Tyne, UK

Awareness of Cognitive Deficit in Schizophrenia: Comparison Between Patient's Subjective Difficulties and Performance in Neuropsychological Testing.

Esther Pousa *et al.*, Parc Taulí Hospital, Sabadell, Barcelona, Spain

Delusional Ideations and Reasoning with Emotion

Hiromi Arakawa, Syudo Yamasaki and Yoshihiko Tanno, University of Tokyo, Japan

Do Cognitive Models Really Offer a Coherent Account of the Positive Psychotic Symptoms? A Critical Appraisal of Theory.
Simon Jakes and John Rhodes, Macarthur Mental Health Service NSW and Haringey Mental Health Trust, London, UK.

'Poor Me' Versus 'Bad Me', Paranoia and the Instability of Persecutory Ideation.

Melo, S.; Taylor, J. L.; Bentall, R. P. University of Manchester, UK



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Intellectual Disabilities

Comparison of Stereotyped Behaviour Level in Several Activities in Individuals With Autism.

D'Oliveira, S. University of Joensuu and Universidade Lusófona das Humanidades e Tecnologias, Finland

Role of Daily Life Stress in Mediating Anxiety and Delusions of Grandeur in People With Asperger Syndrome
Dougal Hare, Wythenshawe Hospital, Manchester, UK

Outcome of Cognitive Behaviour Therapy with Adults

The Treatment of Non-Psychotic Morbid Jealousy Using EMDR and Cognitive Interweave.

Paul Keenan, Wirral and West Cheshire Partnership NHS Trust, UK

A Cognitive-Behavioural Approach to the Management of Mental Health Related Sickness-Absence.

Alan Dovey and S. Wilday, University of Birmingham, UK

Effectiveness of a Psycho-Educative Program to Reduce Excessive Worry in Older Adults.

Nuevo, R. And Montorio, I, Autonoma University of Madrid, Spain

What Do We Know About The Effects of Comorbid Conditions on CBT For GAD?

Nuevo, R., Autonoma University of Madrid, Spain and Juergen Hoyer, Dresden University of Technology, Germany

The Effect of Cognitive Preparation Prior to Video Feedback in a Clinical Sample With Social Anxiety Disorder.

Hi-Young Kim, H., Lars- Goran Öst, Stockholm University and Lars-Goran Lundh, Lund University, Sweden

A Randomised Controlled Trial of the Effectiveness of CBT and Sertraline Versus a Waiting List Control Group for Anxiety Disorders in Older Adults.

Josien Schuurmans et al. Institute for Research in Extramural Medicine, Vrije Universiteit, Amsterdam, The Netherlands

Obstacles to Improvement in Cognitive-Behavioural Group Treatment for Insomnia: Dysfunctional Beliefs and Attitudes about Sleep.

Jansson, M. and Linton, S.J, Örebro University Hospital, Sweden

CBT for Insomnia Trial.

Katerina Cervena, Jan Prasko *et al.* EEG-Sleep Laboratory, Prague Psychiatric Center, Czech Republic.

Moclobemide and/or CBT in the Treatment of Social Phobia.

Jan Prasko, Beata Paskova and J. Horacek, Prague Psychiatric Centre, Charles University, Centre of Neuropsychiatric Studies, Prague, Czech Republic

Cognitive Behavioural Therapy for Dissociative Seizures: A Case Series.

Chigwedere, C. B, South London and Maudsley NHS Trust, London, UK

Is There a Relation Between Homework Compliance and Treatment Outcome in Behavioural Therapy of Generalized Anxiety Disorder?

Katja Beesdo, Juergen Hoyer et al, Technical University Dresden, Germany

Gender Differences In An Assertiveness Training Group.

Miriam Morales-Aubeso and N. Riesco Sainz, Hospital Mutua Terrassa, Barcelona, Spain.

Additional Behavioral Therapy to Fluvoxamine in Obsessive-Compulsive Disorder.

Erikor Nakatani *et al.* Kawasaki Medical School, and Kyushu University, Japan

Behavioural Therapy (BT) alone vs BT + Fluvoxamine for Treatment of Obsessive-Compulsive Disorder.

Erikor Nakatani *et al.* Kawasaki Medical School, and Kyushu University, Japan

Treatment Outcomes in a Chronic and Severe Case of Body Itching in an Adult Female Patient.

Farhood, L., American University of Beirut, Lebanon

Treatment Schema for Bipolar Affective Disorder.

Klaus Dieter Schultewolter, Bromsgrove, UK

An Intensive CBT Group for Survivors of Human Trafficking.

Idit Albert, Institute of Psychiatry, London, UK and Inês Santos, Maudsley Hospital, London, UK

Preliminary Evaluation of CBT for Clinical Perfectionism:A Case-series.

Caroline Riley, Warneford Hospital, Oxford, UK

A full list of the authors and affiliations appears in the Congress Abstracts

4.30 - 5.30

Keynote Speakers

Professor John Teasdale, MRC Cognition and Brain Sciences Unit, Cambridge, UK

Mindfulness and the Third Wave of Cognitive-behavioural Therapies

Chair: Professor Mark Williams, University of Oxford, UK

Lecture Theatre C9, Renold Building

Dr Antonio Pinto, University of Naples, Italy

Cognitive Behaviour Therapy for Schizophrenia: Historical Evolution, Current Approaches and the Italian experience

Chair: Professor Gillian Haddock, University of Manchester, UK

Lecture Theatre C1, Renold Building

Professor Paul Salkovskis, Institute of Psychiatry, London, UK

The Future of Psychological Treatments for Anxiety

Chair: Anne Garland, President Elect BABCP, Nottinghamshire NHS Trust, UK

Lecture Theatre C16, Renold Building

Professor Tom Borkovec, Penn State University, USA

What Basic Research and Therapy Outcome Research on Generalised Anxiety Disorder Has Taught Us About Being Human Beings

Chair: Professor Andrew Matthews, MRC Cognition and Brain Sciences Unit, Cambridge, UK

Lecture Theatre C2, Renold Building

5.45 - 6.45

BABCP AGM



SEPTEMBER 2004

Friday

8.30 - 10.00

Symposium 36

Lecture Theatre C16, Renold Building

Metacognition and Psychological Disorders: Implications for Cognitive Therapy

Convenor and Chair: Adrian Wells, University of Manchester, UK

- 8:30 Introduction:
Adrian Wells, University of Manchester, UK
- 8:35 Metacognitions and Problem Drinking.
Marcantonio Spada, London Metropolitan University, UK
- 8:55 Metacognition and OCD: Confidence in Memory and Attentional Capacities.
Dirk Hermans, University of Leuven, Belgium
- 9:15 Is There a Role for Metacognition in Rumination and Depression?
Costas Papageorgiou, University of Lancaster, UK
- 9:35 Experimental Modification of Metacognitive Beliefs in Obsessive Compulsive Disorder.
Peter L. Fisher, University of Manchester, UK
- 9:55 Discussion
Adrian Wells, University of Manchester, UK

Symposium 37

Lecture Theatre C1, Renold Building

Psychosis and Depression

Convenor: Anja Wittkowski, University of Manchester, UK

- 8:30 Introduction
- 8:35 Pathways to Emotional Dysfunction in 'Non-affective' First Episode Psychosis.
Zaffer Iqbal and Max Birchwood, University of Birmingham, UK
- 8:55 Voices to Believe or Not to Believe.
Mark van der Gaag, University of Groningen, The Netherlands
- 9:15 Cognitive-behavioural Group Treatment Against Depression Among Patients with Psychotic Disorders.
Roger Hagen, Norwegian University of Science and Technology, Norway
- 9:35 Cognitive Behaviour Therapy for Depression with Patients with Treatment Refractory Positive Symptoms.
Lucia Valmaggia, Institute of Psychiatry, London, UK
- 9:55 Discussion

Symposium 38

Weston Lecture Theatre, Weston Building

Using Creative Techniques in Child Cognitive Behaviour Therapy

Convenor and Chair: Tammie Ronen, Tel-Aviv University, Israel

- 8:30 Mobilising Creativity to the Process of Change in Psychotherapy.
Michael Rosenbaum, Tel Aviv University, Tel Aviv, Israel
- 8:50 The Use of Guided Imagery and Tales in Treating Children.
Yossi Adir, The Shiba Hospital, Israel
- 9:10 Laying the Foundations of Well-being: A Creative Psycho-educational Programme for Young Children's Immunisation Against Depression.
Maria Zafropoulou, University of Thessly, Greece and Institute of Behaviour Research and Therapy, Athens, Greece
- 9:30 Cognitive Creative Therapy with Children.
Tammie Ronen, Tel-Aviv University, Israel
- 9:50 Discussion

Symposium 39

Room E7, Renold Building

Common Factors in Psychological Change

Convenor and Chair: Michael Barkham, University of Leeds, UK

- 8:30 Common Factors: A Conceptual and Empirical Overview.
David A Shapiro, Universities of Leeds and Sheffield, UK
- 8:50 Responsiveness as a Common Factor.
William B Stiles, Miami University, USA
- 9:10 First Discussion Period
- 9:20 Common Factors in the Delivery of CBT for Depression.
Gillian Hardy, Universities of Leeds and Sheffield, UK
- 9:40 Core Activities for a Practice-based Approach to Common Factors.
Michael Barkham, University of Leeds, UK
- 9:50 Second Discussion Period



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Symposium 40

Room F14, Renold Building

Diagnostic and Treatment Issues in Compulsive Hoarding

Convenor and Chair: Randy O. Frost, Smith College, USA

Discussant: Gail Steketee, Boston University, USA

- 8:30 Group Treatment for Compulsive Hoarding.
Jessica R. Grisham, Boston University, USA
- 8:50 Patterns of Comorbidity in Compulsive Hoarding.
Todd Farchione, Boston University, USA
- 9:10 Compulsive Hoarding: Factors in its Etiology, Phenomenology and Treatment; Findings from an Australian Study.
Christopher Morgan, University of Melbourne, Australia
- 9:30 Cognitive Behavioral Group Therapy for Hoarding: A Treatment-Outcome Study.
Fugen Neziroglu, Bio-Behavioral Institute, Great Neck, New York, USA
- 9:50 Discussion.
Gail Steketee, Boston University, USA

Symposium 41

Room D7, Renold Building

Effectiveness Research with Psychoses

Convenors: Jo Smith, Joint NIMHE/Rethink, Worcester Mental Health Partnership NHS Trust, UK and John Mc Govern, University of Manchester/Cheshire and Wirral Partnership NHS Trust, UK

Chair: John McGovern, University of Manchester/Cheshire and Wirral Partnership NHS Trust

Discussant: Anthony Morrison, University of Manchester, UK

- 8:30 Introduction.
John Mc Govern, University of Manchester/ Cheshire and Wirral Partnership NHS Trust
- 8:40 The Effectiveness of a Multi Disciplinary Recovery Based Approach With Individuals with Treatment Resistant Psychoses and History of Challenging Behaviour or Forensic Incidents.
John McGovern, University of Manchester/Cheshire and Wirral Partnership NHS Trust, UK
- 8:55 Early Signs Monitoring and Intervention for Individuals with Psychosis: Implementation in a Service Setting.
Jo Smith, Worcester Mental Health Partnership NHS Trust, UK
- 9:10 Integrated Comprehensive Outcome Measurement in a Low Secure Setting: Findings for Patients and Staff.
Kate Evershed, University of Manchester, UK
- 9:25 The Effectiveness of a Rural Early Intervention in Psychosis Service.
Guy Dodgson, Newcastle, North Tyneside and Northumberland Mental Health NHS Trust, UK
- 9:40 Discussion.
Anthony Morrison, University of Manchester, UK

Symposium 42

Manchester Evening News Room, Weston Building

Cognitive Perspectives on the Behaviour of Carers Working with People with Intellectual Disabilities

Convenor: Dave J Dagnan, West Cumberland Hospital, Cumbria, UK.

- 8:30 Introduction
- 8:35 Mothers of Children Who Have a Learning Disability: Their Attributions, Emotions and Behavioural Responses to Their Children's Challenging Behaviour.
Heather Armstrong, North Cumbria Mental Health and Learning Disabilities NHS Trust, UK
- 8:55 Cognitive Models of Carer Behaviour: An Overview of Models and Data Relating to Staff Responses to Three Topographies of Challenging Behaviour.
Dave Dagnan, North Cumbria Mental Health and Learning Disabilities NHS Trust and Northumbria University, UK
- 9:15 Inter-Personal Appraisals and Challenging Behaviour: Roles and Relationships.
Andrew Jahoda, University of Glasgow and Glasgow Learning Disability Partnership, Scotland
- 9:35 Staff Perceptions of the Efficacy of Group Interventions for Anger in People with Intellectual Disabilities.
John Rose, University of Birmingham, UK
- 9:55 Discussion

Symposium 43

Lecture Theatre C9, Renold Building

Activation, Inhibition and Attribution in Bipolar Disorder: Advances in Research and Theory

Convenors: Warren Mansell, Institute of Psychiatry, London and Steven Jones, University of Manchester, UK

Chair: Steven Jones, University of Manchester, UK

- 8:30 Introduction
- 8:40 Dysfunctional Response Styles in Mania.
Richard Bentall, University of Manchester, UK
- 8:55 BAS Sensitivity, Approach Motivation, and Bipolar Disorder Vulnerability.
Björn Meyer, University of Surrey, UK
- 9:10 A Prospective Study of Life Events as a Predictor of Mania and Depression.
Sheri L. Johnson, University of Miami, USA
- 9:25 Cognitive Processes in Bipolar Disorder that May Account for the Ascent Into Mania.
Warren Mansell, Institute of Psychiatry, London, UK
- 9:40 Theoretical and Methodological Issues for the Development of Theories of Bipolar Affective Disorder.
Philip J. Barnard, MRC Cognition and Brain Sciences Unit, Cambridge, UK



SEPTEMBER 2004

Friday

Symposium 44

Lecture Theatre C2, Renold Building

Jumping to Conclusions in Delusions: Empirical and Conceptual Advances

Convenors: Philippa Garey and Daniel Freeman, Institute of Psychiatry, London, UK

- 8:30 Introduction
- 8:35 The Data-gathering Bias in the At-risk Mental State (ARMS) for Psychosis.
Matt Broome, Institute of Psychiatry, London, UK
- 8:55 Attributional Style, Information Gathering and Reasoning in Psychosis.
Suzanne Jolley, Institute of Psychiatry, London, UK
- 9:15 Why Do People with Delusions Fail to Choose More Realistic Explanations for Their Experiences? Alternative Explanations and Jumping to Conclusions.
Daniel Freeman, Institute of Psychiatry, London, UK
- 9:35 Overcoming Jumping to Conclusions and Providing Alternative Explanations for Delusions: A Single Case Example.
Robert Dudley, Newcastle Cognitive and Behavioural Therapies Centre, Newcastle, North Tyneside and Northumberland Mental Health NHS Trust, UK
- 9:55 Discussion

Open Paper 5

Room A2, Weston Building

Child and Adolescents 1

Chair: Justine Porter, Greater Glasgow Health Board, Yorkhill Division

- 8:30 Trialling Cognitive Behaviour Therapy for Children with OCD: A Randomised Controlled Trial.
Tim Williams, Berkshire Healthcare NHS Trust, University of Reading, UK
- 8:50 Metacognitive Therapy: A Promising Treatment for Pediatric Obsessive-Compulsive Disorder.
Michael Simons, M. Technical University of Aachen, Germany
- 9:05 Prevention of Social Anxiety: Development and Evaluation of a Group Program for Children and Adolescents.
Sigrid Kuehl, Christoph-Dornier-Foundation for Clinical Psychology, Institute Siegen, Germany
- 9:20 Behavioural Group Treatment for Obsessive-Compulsive Disorder (OCD) in Adolescence: A Preliminary Study.
Ingrid Söchting, The Richmond Hospital, British Columbia, Canada
- 9:35 Self-Devaluative Dysphoric Experience and the Prediction of Persistent First Episode Major Depressive Disorder in Adolescents.
Rebecca J. Park, University of Oxford, UK

9.00 – 11.30

Poster Session 3

Congress Marquee

Behavioural Medicine and Neuropsychology

- Heart Rate Variability: A Psychophysiological Assessment and Monitoring Tool for Cognitive Behavioural Therapists.
Leslie Parkinson, The Brain Health Institute, London, UK
- The Influence of Neuroticism and Symptom Representations on Somatic Complaints in the General Population.
E. Persijn and Geert Crombez, University of Ghent, Belgium
- Expectations, Fear and Pain in the Prediction of Chronic Pain and Disability.
K. Boersma and Steve. J Linton, University Hospital Örebro and University of Örebro, Sweden
- Psychosocial Functioning and Quality of Life of Adults with Cystic Fibrosis.
Poespodihardjo, R., *et al.*, University Hospital Basel, Switzerland
- Repetitive Transcranial Magnetic Stimulation in Healthy Volunteers: Mood Effects and Changes in Inhibitory Processes When Confronted With Negative Stimuli.
Lemke Leyman and R. De Raedt, University of Ghent, Belgium
- Black Women's Phenomenological Experience of Providing Home-Care For a Family Member with AIDS in a Third World Context.
Basson, P.J. and Whelan, M, Rand Afrikaans University, South Africa
- Is CBT an Effective Treatment for Pain Symptoms in Chronic Fatigue Syndrome?
Knoop, J.A., Prins, J.B. and Bleijenberg, G, University Medical Centre Nijmegen, The Netherlands
- Developing a Pain Medication Attitude Questionnaire.
Hoskins, J., McCracken L., Eccleston, C. University of Bath and Royal National Hospital for Rheumatic Diseases NHS Trust, Bath, UK
- Gender Differences in Outcome From a Multidisciplinary Pain Management Intervention.
Keogh, E., McCracken, L., and Eccleston, C. Royal National Hospital for Rheumatic Diseases and University of Bath, UK
- Fathers of Adolescents with Chronic Pain: A Preliminary Investigation.
Scotford, A. and Eccleston, C. University of Bath and the Royal National Hospital for Rheumatic Diseases, UK
- Gender Moderates. The Association Between Disability and Depression (But Not Anxiety) in Chronic Pain Patients.
Keogh, E., Eccleston, C. and McCracken, L, Royal National Hospital for Rheumatic Diseases and University of Bath, UK
- Living with Chronic Pain: The Relative Utility of Coping Versus Acceptance.
McCracken, L., and Eccleston, C. University of Bath and the Royal National Hospital for Rheumatic Diseases, NHS Trust, Bath, UK
- Cognitive Behaviour Therapy for Chronic Pain: A Pilot Study.
G. Danielsdottir, I. H. Jonsdottir, J. Smari, University of Iceland and Reykjalundur Rehabilitation Center, Iceland
- Vigilance for Pain in Patients With Chronic Back Pain: The Role of Neuroticism, Pain Catastrophizing and Pain-Related Fear.
Eva Van Den Bussche, Geert Crombez and L. Goubert, University of Ghent, Belgium
- A Qualitative Investigation Of Parents' Experiences of Caring For An Adolescent With Chronic Pain.
A. Jordan, C. Eccleston, L. McCracken, H. Connell, J. Clinch, C. Sourbut, and M. Sleed, University of Bath and Royal National Hospital for Rheumatic Diseases, NHS Trust, Bath, UK
- Dysfunctional Thoughts About Dementia Caregiving, Social Support, Coping, and Depression Among Female Family Caregivers.
Losada, A. *et al*, Universidad Autónoma de Madrid, Madrid, Spain
- The Change of Regional Brain Metabolism in Panic Disorder After the Treatment with CBT.
Richard Zalesky, Jan Prasko, B. Paskova B aand J Horacek. Psychiatric Center Prague and Charles University Prague, Czech Republic



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Neurobiological Aspects of CBT with Anxiety Disorders.

Jan Prasko, J. Horacek and B. Paskova, Prague Psychiatric Centre, Charles University, Prague, Czech Republic

The Measurement of Individual Differences in Behavioural Inhibition and Behavioural Activation Systems: Comparison of Personality Scales.

Jose Pinto Gouveia and Catarina Pinto, Hospitais da Universidade de Coimbra, Portugal

Acceptance of the Unpleasant Reality of Chronic Pain: Effects Upon Attention To Pain and Engagement in Daily Activities.

Ilse Viane, Geert Crombez, Christopher Eccleston, Wilfried De Corte, University of Ghent, Belgium and University of Bath, UK

Distraction From Chronic Pain During a Pain-Inducing Activity is Associated With Greater Post-Activity Pain.

Goubert L, Geert Crombez, Eccleston C, Devulder J, University of Ghent, Belgium and University of Bath, UK

Study of Effects of Dysfunctional Cognitions on Adaptation to Asthma.

Ana Paula Matos and A.C. Machado, University of Coimbra, Portugal

Factors Associated With Disability in Adolescents With Chronic Pain.

Cassidy, E., Eccleston, C., Crombez, G., Connell, H., and Clinch, J., Royal National Hospital for Rheumatic Diseases and University of Bath, UK

Behavioral Inhibition and Social Anxiety

Catarine Morgado and Jose Pinto-Gouveia, University of Coimbra, Portugal

A full list of the authors and affiliations appears in the Congress Abstracts

9.00 - 12.00

In-Congress Workshops

Delivering Cognitive Behaviour Therapy Self-help To a Community: Providing Multiple Access Points to Treatment.

Ruth Lang, Depression Alliance Scotland and Chris Williams, University of Glasgow, Scotland

Cognitive-Behavioural Body Image Therapy for Anorexia and Bulimia Nervosa.

Silja Vocks, AE Klinische Psychologie und Psychotherapie, Bochum Germany and Tanja Legenbauer, Johannes Gutenberg-Universität Mainz Abt. Klinische Psychologie und Psychotherapie, Germany

Cognitive Behaviour Therapy for Children with Obsessive Compulsive Disorder.

Tim Williams, Berkshire Healthcare NHS Trust, University of Reading, UK

Identity Issues in Post Traumatic Stress Disorder.

Chris Brewin, University College London, UK

Cognitive Behaviour Therapy for Psychosis in Routine Care: Interventions to Aid Recover.

Katy Grazebrook, Salford Assertive Outreach Service, UK

'Neither Good nor Bad - Just Perfect As You Are!': Establishing Healthy Affect Control in Clients Diagnosed with Personality Disorders or Complex Trauma Through the Repair of Early Attachment Problems.

Claudia Herbert, The Oxford Development Centre Ltd, incorporating The Oxford Stress and Trauma Centre and Oxfordshire Independent Psychology Service, UK

Developing Clinical Skills in the Neglected Art and Science of Cognitive Behaviour Therapy for Panic and Agoraphobia.

John Manley, West London Mental Health NHS Trust, London, UK

10.00 - 11.30

Symposium 45

Lecture Theatre C16, Renold Building

The Role of Processing Modes in Depressive and Anxious Psychopathology: Inducing Modes to Alter Mood State.

Convenor and Chair: Ed Watkins, University of Exeter, UK

10:00 Reduced Autobiographical Memory Specificity and Affect Regulation.

Filip Raes, University of Leuven, Belgium

10:25 Voluntarily Specifying Emotional Information Diminishes Emotion Activation.

Pierre Philippot, University of Louvain at Louvain-la-Neuve, Belgium

10:50 Training Mode of Thinking to Manipulate Rumination.

Ed Watkins, University of Exeter, UK

11:15 Discussion

Symposium 46

Lecture Theatre C9, Renold Building

Cognitive Behavioural Therapy for Borderline Personality Disorder.

Convenor: Kate Davidson, University of Glasgow, Scotland

Chairperson and Discussant: Philip Tata, Central and North West London Mental Health Trust, UK

10:00 Treatment of Childhood Memories in Cognitive Therapy for Personality Disorders: A Controlled Study Contrasting

Methods Focusing on the Present and Methods Focusing on Childhood Memories.

Anoek Weertman and Arnoud Arntz, University of Maastricht, The Netherlands

10:20 Schema-Focused Therapy vs. Transference-Focused Psychotherapy for Borderline Personality Disorder: Results of a RCT of 3 Years of Therapy.

Josephine Giesen-Bloo, Arnoud Arntz, Richard van Dijck, Philip Spinhoven and Willem van Tilburg, University of Maastricht, The Netherlands

10:40 The BOSCOT Trial: A Multicentre Trial of Cognitive Therapy for Borderline Personality Disorder.

Trial Description and Rationale.

Kate Davidson, University of Glasgow, Scotland

11:00 The BOSCOT Trial: Pre-randomisation Characteristics of Study Sample, Characteristics and Correlates of the Young Schema Questionnaire (Short Form).

Andrew Gumley, University of Glasgow, Scotland

11:20 Discussion



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Symposium 47

Lecture Theatre C1, Renold Building

Paranoia: New Research on Persecutory Ideation

Convenors: Daniel Freeman and Philippa Garey, Institute of Psychiatry, London, UK

Chair: Philippa Garey, Institute of Psychiatry, London, UK

- 10:00 The Dynamics of Persecutory Delusions.
Richard Bentall, University of Manchester, UK
- 10:20 Short-cuts to Decision-making in Paranoia.
Rhiannon Corcoran, University of Manchester, UK
- 10:35 Catastrophic Worry and Persecutory Delusions.
Helen Startup, Institute of Psychiatry, London, UK
- 10:50 Paranoia in the Normal Population.
Lyn Ellett, Institute of Psychiatry, London, UK
- 11:05 The Anatomy of Paranoia: A Psychological Investigation in a Non-clinical Population.
Daniel Freeman, Institute of Psychiatry, London, UK

Symposium 48

Lecture Theatre C2, Renold Building

The Therapist Relationship In Cognitive Therapy

Chair and Convener: Paul Gilbert, University of Derby, UK

- 10:00 Introduction.
Paul Gilbert, University of Derby, UK
- 10:05 Micro-CBT: The Integration of Specific Interpersonal Skills.
Chris Gillespie, Derbyshire Mental Health Services Trust, UK
- 10:25 Lifespan Aspects of the Therapeutic Relationship in Cognitive Therapy.
Lucio Bizzini, Hôpitaux Universitaires de Genève, Switzerland
- 10:45 Emotional and Interpersonal Schemas in the Therapeutic Relationship.
Robert Leahy, Cornell University Medical College, New York Hospital, USA
- 11:05 The Professional Development of British Behavioural and Cognitive Psychotherapists.
Thomas Schröder, Derbyshire Mental Health Services Trust, UK

Symposium 49

Manchester Evening News Room, Weston Building

Working with Staff and Clients Using Cognitive Approaches

Convener: Peter E Langdon, University of East Anglia, UK

- 10:00 Introduction
- 10:05 Can People with Learning Disabilities Engage in Cognitive Components of CBT?
Kathryn Sams, Suzanne Collins and Shirley Reynolds, University of East Anglia, UK
- 10:25 Challenging Behaviour and Learning Disabilities: The Relationship Between Expressed Emotion and Staff Attributions.
Suzanne Collins, University of East Anglia, UK
- 10:45 Evaluating Psychological Interventions for Young Men with Asperger's Syndrome: CBT to Address Anxiety and Teaching Theory of Mind to Address Social Functioning Deficits.
Ian Newey, Suzanne Collins and David Fowler, University of East Anglia, UK
- 11:05 Nursing Attitudes to the Psychiatric Treatment of People with Learning Disabilities: Relationship to Expressed Emotion, Burnout and Coping within a Medium-Secure Unit.
Peter E Langdon, University of East Anglia, Lidia Yaguez and Elizabeth Kuipers, Institute of Psychiatry, London, UK
- 11:25 Discussion

Symposium 50

Weston Lecture Theatre, Weston Building

Treating Children, Their Families and Their Immediate Social Environment.

Convener: Tammie Ronen, Tel-Aviv University, Israel

Chair: Michael Rosnebaum, Tel-Aviv University, Israel

- 10:00 Interpersonal Problem Solving with Children.
Joop Meijers, The Hebrew University, Jerusalem, Israel
- 10:20 Treating Children with Asperger Syndrome.
Kirsten Callesen, Asperger Resource Center, Copenhagen, Denmark
- 10:35 A Cognitive-behavioural Stress Management Training for Children with Nephritic Syndrome.
Ira-Thalia Kollia and Anastasia Kalantzi-Azizi, University of Athens and Institute of Behaviour Research and Therapy, Greece
- 10:50 On the Art of Implementation of Cognitive Strategies in the Child's Environment.
Lennart Holm, Center for Cognitive Therapy and Supervision, Naestved, Denmark.
- 11:05 To Be Strong: A Skills Directed Program for Reducing Aggression Among Children in Schools.
Tammie Ronen, Tel-Aviv University, Israel
- 11:20 Discussion

Roundtable 4

Room D2, Renold Building

Common Language In Psychotherapy (Clip) Project

Convener and Chair: Mehmet Sungur, Marmara University, Istanbul, Turkey

Speakers:

Isaac M. Marks, London, UK
Stefania Borgo, Italy,
Lucio Sibilis, Italy,
Kate Moore, Australia



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Roundtable 5

Room E7, Renold Building

BABCP Accreditation and Registration Surgery

Chair: Amanda Cole, Chair Accreditation and Registration Sub-committee

Contributors:

Accreditation and Registration Board Members

Open Papers 6

Room F2, Renold Building

Cognitive Processes in Psychological Disorders

Chair: Jennifer Wild, Institute of Psychiatry, London, UK

- 10:00 Cognitive Factors Influencing the Start of a Compulsive Wash.
Wahl, K. University of Luebeck, Germany
- 10:18 The Impact of Self-representations on Interpersonal Problem Solving Ability, Affect and Self-efficacy in a Clinically Depressed and a Matched Non-depressed Group.
Ridgeway, N.L., University of East Anglia, Norwich
- 10:36 The Threat of Others: Key Cognitions in Social Phobia and Paranoia.
Newman Taylor, K. Royal South Hants Hospital, Southampton
- 10:54 Alternative Methods for Investigating the Validity and Reliability of Questionnaires: Cognitive Interviewing versus the Questionnaire Appraisal Coding System.
Nick Hawkes, University of East London, UK
- 11:12 Excessive Worrying, Mood Regulation and Attention to Feelings: Results from a Student Sample,
Ragnar Olafsson, University Hospital, Iceland

Open Papers 7

Room D7, Renold Building

New Approaches to Positive Symptoms of Psychosis

Chair: Max Birchwood, University of Birmingham, UK

- 10:00 Introduction
- 10:05 Do Cognitive Models Really Offer a Coherent Account of the Positive Psychotic Symptoms?
A Critical Appraisal of Theory.
Simon Jakes, Macarthur Mental Health Service New South Wales, Australia
- 10:25 Attributional Style, Defensive Functioning and Persecutory Delusions: Symptom Specific or General Coping Strategy?
Lloyd Humphreys, Bolton, Salford, and Trafford Mental Health NHS Trust, UK
- 10:45 Cognitive Behaviour Therapy for Command Hallucinations: A Randomised Controlled Trial.
Max Birchwood, University of Birmingham, UK
- 11:05 Exploring Persecutory Delusions: Phenomenology and Emotional Distress.
Catherine E.L.Green, Institute of Psychiatry, London, UK
- 11:25 Discussion

Open Papers 8

Room F14, Renold Building

Eating Disorders: Prevention and Intervention

Chair: Myra Cooper, Oxford University, UK

- 10:00 Introduction
- 10:05 How Effective is the Prevention of Eating Disorders in the Long Run? Results of the Evaluation of a School-based Training Program.
Nora Dannigkeit, Christoph-Dornier Foundation for Clinical Psychology, Institute Siegen, Germany
- 10:30 Cognitive-Behavioral Treatment of Obese Children and Their Parents.
D. Munsch, University of Basle, Switzerland
- 10:55 Behavioural Experiments in Eating Disorders.
Myra Cooper, University of Oxford, UK
- 11:20 Discussion

11.30 - 12.30

Keynote Speakers

Dr Metin Basoglu, Institute of Psychiatry, London, UK

Cognitive Behaviour Therapy with Refugees and Asylum Seekers

Chair: Professor Nick Tarrow, University of Manchester, UK

Lecture Theatre C9, Renold Building

Professor Christine Barrowclough, University of Manchester, UK

The Social Context of Psychosis

Chair: Professor Til Wykes, Institute of Psychiatry, London, UK

Lecture Theatre C1, Renold Building

Professor Steven Linton, Orebro University Hospital, Sweden

The New View of Chronic Pain: From Risk Factors to Early Interventions

Chair: Dr Amanda Williams, Institute of Psychiatry, London, UK

Lecture Theatre C2, Renold Building

Keynote Speakers continued over page



Friday

Keynote Speakers continued from previous page

Professor Colin Espie, University of Glasgow, Scotland
The Straw That Broke the Camel's Back: Sleep and Wakefulness in People with Intellectual Disabilities
Chair: Professor Chris Hatton, Lancaster University, UK
The Weston Lecture Theatre, Weston Building

Professor Aaron T Beck, University of Pennsylvania, USA
Classification, Assessment, Prediction and Intervention for Suicidal Behaviours
Chair: TBC
Lecture Theatre C16, Renold Building

12.30 - 1.30

EABCT AGM

1.30 - 3.00

Symposium 51

Lecture Theatre C16, Renold Building

Imagery and the Self in Distress

Convenors: Martin A. Conway, University of Durham and Emily Holmes, MRC Cognition and Brain Sciences Unit, Cambridge, UK

Chair: Emily Holmes, MRC Cognition and Brain Sciences Unit, Cambridge, UK

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- 1:30 Introduction.
Martin A. Conway, University of Durham, UK
- 1:35 A Causal Role for Negative Self-imagery in the Distress Associated with Social Phobia.
Colette Hirsch, Institute of Psychiatry, London, UK
- 1:52 Using Images to Explore and Develop Self to Self-relating.
Paul Gilbert, University of Derby and Mental Health Research Unit, Kingsway Hospital, UK
- 2:09 Cognitive Aspects of 'Emotional Processing' of Intrusive Imagery Across the Anxiety Disorders.
Ann Hackmann, University of Oxford and Institute of Psychiatry, London, UK
- 2:26 Protecting the Self: A Possible Role for Distortions in Images of Trauma.
Martin A. Conway, University of Durham, UK
- 2:45 Discussion: Mental Imagery and Memory in Psychopathology.
Emily A. Holmes, MRC Cognition and Brain Sciences Unit, Cambridge, UK

Symposium 52

Lecture Theatre C9, Renold Building

Psychological Processes in Suicidal Behaviour

Convenor: Andrew Macleod, Royal Holloway, University of London, UK

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- 1:30 Differential Activation Mechanisms in Suicidal Behaviour.
Mark Williams, University of Oxford, UK
- 1:50 Suicidal Reactivity and History of Depression.
Thorsten Barnhofer, University of Oxford, UK
- 2:10 Hopelessness and Parasuicide: The Role of Future Thinking, Optimism and Perfectionism.
Rory O'Connor, University of Stirling, Scotland
- 2:30 Personal Goal Planning and Lack of Positive Future-thinking in Parasuicide.
Andrew MacLeod, Royal Holloway, University of London, UK

Symposium 53

Lecture Theatre C1, Renold Building

Application of Cognitive Behaviour Therapy for Psychosis to Service Settings.

Convenor: Katy Grazebrook, Bolton Salford and Trafford Mental Health Trust, UK.

Chair and Discussant: David Fowler, University of East Anglia, UK

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- 1:30 Introduction
- 1:35 From Research Trial to NHS Service: The PICuP Clinic.
Emmanuelle Peters, Institute of Psychiatry, London, UK.
- 1:55 Training and Implementation of CBT for Psychosis in The Netherlands.
Petra Bervoets, Den Haag, The Netherlands
- 2:15 Group Therapy in a Routine Acute Hospital Setting: A Cognitive-behavioural Approach.
Gabriella Polidori, Italian National Institute of Health, Rome, Italy
- 2:35 Implementing a Psychosocial Intervention and Recovery Protocol in the Birmingham Early Intervention Service: Training, Supervision and Audit Cycles.
Terry McCleod, Birmingham Early Intervention Service, UK
- 2:55 Discussion



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Symposium 54

Weston Lecture Theatre, Weston Building

How Do Cognitive Biases Develop in Children?

Convenors: Andy Field, University of Sussex and Cathy Creswell, University of Reading, UK

Chairperson: Andy Field, University of Sussex, UK

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- 1:30 Examining the Origins of Cognitive Factors Associated with Childhood Anxiety and Sleep Problems in School-aged Twins.
Alice Gregory and T.C. Eley, Institute of Psychiatry, London, UK
- 1:45 The Link Between Parenting Practices, Cognitive Schemas, and Psychopathology in Adolescents.
Leung, P.W.L., and Wong, The Chinese University of Hong Kong and Hong Kong Family Welfare Society, Hong Kong
- 2:00 A Developmental Perspective on Processing Bias and Childhood Anxiety.
Merel Kindt, University of Amsterdam, The Netherlands
- 2:15 Inhibiting Attention to Threat: An Exploration of Age and Anxiety.
Julie A. Hadwin, University of Southampton, UK.
- 2:30 Watch Out for the Beast: Fear Information Creates Attentional Biases in Children.
Andy P. Field, University of Sussex, UK.
- 2:45 Discussion

Symposium 55

Lecture Theatre C2, Renold Building

Psychological Interventions in Cardiac Care

Convenors: Jane Hutton and Myra Hunter, South London and Maudsley Trust and Institute of Psychiatry, London, UK

Chair: Jane Hutton, South London and Maudsley Trust and Institute of Psychiatry, London, UK

Discussant: Myra Hunter, South London and Maudsley Trust and Institute of Psychiatry, London, UK

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- 1:30 Cognitive Behavioural Interventions Following a Cardiac Event.
Myra Hunter, South London and Maudsley Trust and Institute of Psychiatry, London, UK
- 1:50 How Do Women Experience Myocardial Infarction? A Qualitative Exploration of Illness Perceptions, Adjustment and Coping.
Joanna White, Guy's and St Thomas' NHS Trust, London, UK
- 2:10 Modelling Adjustment and Engagement in Physical Activity Following a Diagnosis of Heart Disease.
Christine R Baker, Royal Victoria Infirmary, Newcastle upon Tyne, UK
- 2:30 A Minimal Intervention Programme for Heart Failure Patients: An Evaluation Study.
Katherine Joeekes, Leiden University, The Netherlands.
- 2:50 General Discussion

Symposium 56

Room E7, Renold Building

Cognitive Behaviour Therapy in Community and Primary Care I: Models of Delivery

Convenor and Chair: David Richards, University of York, UK

-
- 1:30 Introduction
- 1:35 Supervised Self-help Delivered by Practice Nurses: Intervention, Impact, Issues, and Implications.
Michael Barkham, University of Leeds, UK
- 1:55 Guided Self-help for Anxiety and Depression: Results of a Randomised Trial of Clinical Effectiveness and Effects on Demand Management.
Peter Bower, University of Manchester, UK
- 2:15 The Development and Evaluation of Guided Self-help Clinics for Anxiety and Depression in Primary Care.
Karina Lovell, University of Manchester, UK
- 2:35 Psychological Treatment in Primary Care: The Cambridge Experience.
Lee Brosan, Addenbrookes Hospital, Cambridge, UK
- 2:55 Discussion

Symposium 57

Room D7, Renold Building

Working with Asylum Seekers

Convenor: Jake Bowley, Pennine Care NHS Trust and Action for Children in Conflict, UK

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- 1:30 Introduction.
Jake Bowley, Pennine Care NHS Trust and Action for Children in Conflict, UK
- 1:35 Interventions with Survivors of War and Torture.
Metin Basoglu, Institute of Psychiatry, King's College London, London, UK
- 1:55 A Phased Model of Intervention for Working with Asylum Seekers and Refugees.
Jane Herlihy, Traumatic Stress Clinic, Camden and Islington Mental Health and Social Care Trust, London, UK
- 2:15 Therapist Issues in Working with Asylum Seekers.
Suzy Clark, Greater Glasgow Primary Care NHS Trust, Scotland
- 2:35 Cultural Factors in Assessment and Therapy with Asylum Seekers and Refugees.
Anne Douglas, Greater Glasgow NHS Board and University of Glasgow, Scotland
- 2:55 Closing Remarks.
Jake Bowley, Pennine Care NHS Trust and Action for Children in Conflict, UK



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Friday

Symposium 58

Manchester Evening News Room, Weston Building

Treatment Outcome Research with Offenders with Intellectual Disabilities

Convener: John L Taylor, Northgate Hospital, Morpeth, Northumberland, UK

- 1:30 Introduction
- 1:35 Anger Treatment for People with Intellectual Disabilities.
Raymond W. Novaco, University of California, Irvine, USA and John L Taylor, Northumbria University and Northgate and Prudhoe NHS Trust, UK
- 1:55 Sexual and Non-Sexual Offenders with Intellectual and Learning Disabilities: A 10-Year Follow-Up of Treatment.
William R Lindsay, University of Abertay, Dundee, UK
- 2:15 Outcome of Group Cognitive-Behavioural Treatment for Men with Intellectual Disabilities at Risk of Sexual Offending.
Neil Sinclair, Care Principles, Canterbury, Glynis Murphy, Sarah-Jane Hays, University of Kent, UK
- 2:35 Fire-Setting Amongst People with Intellectual Disabilities: Developments in Cognitive Behavioural Treatment Approaches.
John L. Taylor, Northumbria University and Northgate and Prudhoe NHS Trust, Ian Thorne, Northgate and Prudhoe NHS Trust, Alison Robertson, University of Newcastle upon Tyne and Northgate and Prudhoe NHS Trust, UK
- 2:55 Discussion

Symposium 59

Room F14, Renold Building

Cognitive Appraisal in Obsessive Compulsive Disorder: Issues of Relevance and Specificity

Convener and Chair: David A. Clark, University of New Brunswick, Canada

- 1:29 Introduction
David A. Clark, University of New Brunswick, Canada
- 1:30 Obsessive-Compulsive Disorder Subtypes: A Model Based on Intrusive Thought Appraisals and Beliefs.
John E. Calamari, Finch University of Health Sciences/The Chicago Medical School, USA
- 1:50 Change in Cognitions with Behaviour Therapy or Cognitive Therapy in Obsessive-Compulsive Disorder: A Randomised Controlled Study.
Jean Cottraux, University of Lyon, France
- 2:10 Implications of Symptom Subtypes for Specialised Cognitive Behaviour Therapy of Obsessive Compulsive Disorder.
Debbie Sookman, McGill University, USA
- 2:30 The Specificity of Symptom Amelioration and Cognitive Change in Obsessive-Compulsive Disorder Following Cognitive-Behaviour Therapy.
Michael Kyrios, University of Melbourne, Australia
- 2:46 Appraisals of Unwanted Intrusive Thoughts: A Comparison of Canadian and Italian Students.
David A. Clark, Department of Psychology, University of New Brunswick, Canada

Roundtable 6

Room H11, Renold Building

The Accrediting Training Courses in EABCT Member Associations

Convener: Rod Holland, Communications Officer, EABCT

A discussion on the way EABCT member association accredit their CBT training programmes and courses with presentations from:

- Gillian Haddock, BABCP, UK
- Andreas Veith, DGVt, Germany
- Jaak Beckers, VVGT, Belgium
- And other EABCT Representatives

Open Papers 9

Weston Lecture Theatre, Weston Building

Memory Biases

Chair: Sue Watson, Barnet Enfield and Haringey Mental Health NHS Trust, London, UK

- 1:30 The Effects of Ecologically Valid Stimuli on Memory in Association with Compulsive Ordering and Arranging.
Elissa R. Golden, Concordia University, Montreal, Canada
- 1:50 Fear-Relevant Selective Associations and Social Anxiety: Absence of a Positive Bias.
Mathew Garner, University of Southampton, UK
- 2:10 An Experimental Analysis of Repeated Reassurance: Does It Cause Memory Distrust?
Chris L. Parrish, Concordia University, Montreal, Canada
- 2:30 Mood Congruent Memory Bias in Dysphoria: Contribution of Controlled Recollection Processes and/or Automatic Processes?
Francoise Jermann, University of Geneva, Switzerland



SEPTEMBER 2004

Open Papers 10

Room F2, Renold Building

Predictors of Therapy Outcomes

Chair: Janet Carter, University of Otago, New Zealand

- 1:30 Introduction
- 1:35 Effectiveness of Differential Indication for Psychodynamic or Cognitive-behavioural Psychotherapy.
Watzke, B, Hamburg-Eppendorf University Clinic, Germany
- 1:55 The First Cut is the Deepest: Does the Initial Realisation of Resource Activation Depend on Specific Characteristics of Patient and Therapist?
Bruns, T, University of Goettingen, Germany
- 2:15 No (Perceived) Fame No (Treatment) Gain?: Evaluation of a Resource-activation Treatment Module.
Matthias Berking, University of Bern, Switzerland
- 2:35 Predictors of Response to Interpersonal Psychotherapy and Cognitive Therapy.
Janet Carter, University of Otago, New Zealand
- 2:55 Discussion

2.00 - 4.30

Poster Session 4

Congress Marquee

Clinical and Applied Processes

An Audit of CBT in Patients with Schizophrenia on the List of a CMHT.

Ronald Siddle, Manchester Mental Health and Social Care Trust, UK

The Effect of Interpersonal Cognitive Distortions on Marital Conflict of Turkish Non-Clinical Married Couples.

Zeynep Hamamcı and Baki Duy, University of Gaziantep and University of Ankara, Turkey

Exploration of Shame and Disclosure in Long-term Drug Dependence.

Andersen, K.V., Curran, H.V. and Paul Davis, Camden and Islington Mental Health and Social Care NHS Trust, London and University College London, UK

Psycho Educational, Cognitive Behavioural Group Therapy for Mixed Emotional Disorders.

Agnarsdottir, A., Halldorsdottir, M., Einarsson, E. and Sigurdsson, J.F, Landspítali-University Hospital, Reykjavik, Iceland

Does Patients' Understanding of the Principles of Graded Exposure Impact Upon Adherence and Outcome?

McDonough M, St Patrick's Hospital, Dublin, Ireland

Food's Dose Evaluation in Bulimic Subjects and People Affected by Binge Eating Disorder.

Giovanni Ruggiero, Sandra Sassaroli *et al.* Studi Cognitivi, Milan, Italy

Predicting Drop-Out From CBT: Pre-Treatment Psychometric Variables.

Nickolaos Nikolaidis N *et al.*, CMHC/ Central District of Thessaloniki, Greece

A New Assessment Technique for Testing Naïve Theories About the Suffering Due to Psychological Causes and Treatment.

Stratta F., Scarinci A., Capo R., Pradella F., Romano G. and Lorenzini R, Rome, Italy

Investigation of Trauma Symptomatology and Hospital Experience in a Psychiatric Inpatient Population

Carthy, E.J. Nicholson, J. and Graham Turpin, University of Sheffield and Psychological Health Sheffield, Sheffield Care Trust, UK

My Friend is My Therapist: Is the Need For and Utilisation of Psychotherapy Predicted by the Perceived Social Support and Satisfaction With the Social Support?

Vriends N., Margraf, J., Becker, E.S., University of Basel and University of Nijmegen, Switzerland

Randomised Behaviour Therapy Study in Alcoholism

W.H. Strauss, W. Burtscheidt, W. Woeller, University of Duesseldorf, Germany

A RCT to Assess the Effectiveness of Providing Self-help Information to People With Symptoms of Acute Stress Disorder

Following Acute Traumatic Injury.

Scholes, C., Mason, S and Graham Turpin, University of Sheffield, Sheffield Care Trust, NHS Trust and Northern General Hospital, Sheffield, UK

Evaluation of Friends Program in a Spanish Clinical Group of Adolescents.

Ordeig, M.T., Ramirez, M., Itxa Figueras, CSMIJ Mútua de Terrassa, Rambla, Spain.

Evaluation of the Spanish Version of the Basic Parent Training Program in a Clinical Population: Preliminary Results.

Itxa Figueras, I. Garrido and M.Ordeig, CSMIJ Mútua de Terrassa, Rambla, Spain.

Adaptation of the Spanish Version of Dina Dinosaur Social Skills and Problem Solving Training; Preliminary Results in a Clinical Group of Children.

Delgado S; Fernandez M, Garrido I; Ordeig M.T, CSMIJ Mútua de Terrassa, Rambla, Spain.

Evaluation of Friends Program in a Spanish Clinical Group of Anxious Children.

Ordeig, M.T.; Villamarín, S, Itxa Figueras, CSMIJ Mútua de Terrassa, Rambla, Spain

Computerised CBT for Co-occurring Depression and Alcohol/other Drug Use Problems.

Frances Kay-Lambkin, Amanda Baker, T. Lewin, T and V. Carr, V, The University of Newcastle, New South Wales, Australia

What are the Active Components for Cognitive Therapy for Delusions?

Frances Kay-Lambkin, The University of Newcastle, New South Wales, Australia

Virtual Reality Exposure Therapy of Anxiety Disorders: A Review.

Merel Krijn *et al.* University of Amsterdam, The Netherlands

Combining CBT and Solution-Focused Approaches to Smoking Cessation.

Tsonides, A. and Koteli, K, Express Service Medical Centre, Thessaloniki, Greece

Effectiveness of CBT in Treatment of Patients with Hypertension.

Kaidi Kiis, Central Hospital of East-Tallinn, Estonia

Predicting Drop-Out From CBT: Pre-Treatment Psychometric Variables.

Nickolaos Nikolaidis N *et al.*, CMHC/Central District of Thessaloniki, Greece

Does Individualisation Matter? A Randomised Trial of Standardised Versus Individualised CBT for Bulimia Nervosa.

Ata Ghaderi, University of Uppsala, Sweden



SEPTEMBER 2004

Friday

Deliberate Self-harm as an Addictive Behaviour: An Interview Study.

Tess Bryant, Bob Remington and Sue Clarke, University of Southampton and Intensive Psychological Therapies Service Dorset HeathCare Trust, UK

Maladaptive Sexual Attitudes and Behaviours in a Sample of Male Students.

Ioanna Vonikaki, Gregoris Simos *et al.* Aristotelian University of Thessaloniki and Community Mental Health Centre, Thessaloniki, Greece.

Implementation of CBT Skills in General Psychiatric Practice by Junior Doctors.

Renuka Arjundas and Steve Moorhead, Newcastle, North Tyneside and Northumberland Mental Health NHS Trust, UK

Contribution to Assessment of Effects of Rational Emotive Behaviour Therapy.

Popov, B. Center for Trauma, Serbia and Montenegro

Cognitive Characteristics of Alcohol Dependent Male Patients.

Turkcapar MH and Ince A, SSK Ankara Residency Training Hospital, Turkey

Early Maladaptive Schemas and Axis 1 Psychopathology.

Jose Pinto Gouveia, University of Coimbra, Portugal

The Portuguese Version of the Young Schema Questionnaire.

Jose Pinto Gouveia, University of Coimbra, Portugal

Misdirected Problem-solving and Disability: Development of New Questionnaire.

P. De Vlieger, Eva Van den Bussche, I. Viane, C. Eccleston, Geert Crombez, University of Ghent, Belgium

A Comparison of Gay and Heterosexual Men on Body Image and Eating Disorders.

Antonella Montano *et al.*, Istituto A. T. Beck, Rome, Italy

Context-dependency of Cue-elicited Urge to Smoke

Roy Theewissen, University of Maastricht and Marcel van den Hout, University of Utrecht, The Netherlands

Perception of Behavior Therapy by Patients and Their Relatives.

Antje Lind *et al.*, Charité University Hospital Benjamin Franklin and the Rehabilitation Centre Seehof, Berlin, Germany

Self-help for Expatriates in Isolated Locations.

Mabel Martinelli, University of Derby, UK and UNED, Spain

Political Elements of PTSD Within Former Royal Ulster Constabulary (RUC) Police Officers and Its Implications For Effective Psychological Treatment

Farrell, D. P, University of Central England and The Police Rehabilitation and Retraining Trust, UK

The Relationship Between Eating Disorder Symptoms and Attribution Styles.

Ana Costa and K. Rotenberg, Keele University and P. Lattimore, Chester College, UK

A Pilot Study of Assisted Bibliotherapy for Stress/Mild Anxiety and Mild Depression within a GP Practice.

Thomas Reeves, South of Tyne and Wearside Mental Health NHS Trust, UK

Stress, Coping and Burnout in Health Care Professionals Working With Profound Mental Deficiency.

Ana Paula Matos, University of Coimbra, Portugal and Elsa Baptista, Centro de Integração e Reabilitação de Tomar, Portugal

INTREPID Project: The Use of Virtual Reality in the Treatment of Phobic Anxiety.

Nick Tarrier, University of Manchester, UK

The Experience of Using the CORE Outcome Measure for Clients and Clinicians.

Sarah Marzillier, University College London, UK

The Effect of Disgust Mood Induction on Self-Reported Anxiety to Disgust-Relevant and Disgust-Irrelevant Psychopathology Scenarios.

Sarah Marzillier, University College London and Graham Davey, University of Sussex, UK

The Relation Between Depression and Smoking.

Ana Paula Matos and Silva T.F, University of Coimbra, Portugal

A full list of the authors and affiliations appears in the Congress Abstracts

1.30 – 4.30

In-Congress Workshops

Psychotherapy for Heterosexual Couples, For Gay Couples and For Lesbian Couples: Why Three Different Therapies?

Antonella Montano, Istituto A. T. Beck, Rome, Italy and Mehmet Sungur, Medical School of Marmara University, Istanbul, Turkey

Supervision of Professionals Working with Children and Young People: Issues, Dilemmas and Good Practice.

Anne Stewart and Bea Vickers, Oxford City Adolescent Mental Health Service, St. George's Hospital Mental Health Trust, SW London, UK

Cognitive Therapy for Chronic Insomnia (including Primary Insomnia and Insomnia that is Comorbid with Another Psychological Disorder).

Allison G. Harvey and Melissa Ree, University of Oxford, UK

Assessing, Predicting and Overcoming Treatment Roadblocks with Complex PTSD: Developing CBT Interventions in Accordance with Specific Trauma Characteristics.

Mervin R. Smucker, Medical College of Wisconsin, Milwaukee, USA and Anne Boos, Technische Universität Dresden, Germany

Cognitive-behavioural Therapy for Generalised Anxiety Disorder: Learning to Tolerate Uncertainty and Emotional Arousal.

Michel Dugas, Concordia University and Hôpital du Sacré-Coeur de Montréal, Canada

Disseminating CBT Skills Across the Workforce: A Training Programme in Equipping Non-specialist Clinicians in Delivering Protocol Based CBT Interventions.

Chris Williams, Glasgow, Scotland and Anne Garland, Nottingham, UK



SEPTEMBER 2004

3.00 - 4.30

Symposium 60

Lecture Theatre C16, Renold Building

Memory and Cognition in Post Traumatic Stress Disorder

Convenor: Michelle Moulds, The University of New South Wales, Sydney, Australia and Thomas Ehring, Institute of Psychiatry, London, UK

Discussant: Tim Dalgleish, MRC Cognition and Brain Sciences Unit, Cambridge, UK

- 3:00 Remembering and Reliving: Two Studies of Trauma Memory, Post-traumatic Stress Disorder, and Depression in Children and Adolescents.
Richard Meiser-Stedman, Institute of Psychiatry, London, UK
- 3:20 Cognitive Avoidance and Autobiographical Memory in PTSD.
Sabine Schonfeld, Institute of Psychiatry, London, UK
- 3:40 Cognitive Factors Predicting PTSD, Phobias and Depression After Road Traffic Accidents: Results From a Prospective Longitudinal Study.
Thomas Ehring, Institute of Psychiatry, London, UK
- 4:00 Dissociation and the Encoding of Traumatic Stimuli in Acute Stress Disorder.
Michelle Moulds, The University of New South Wales, Sydney, Australia

Symposium 61

Lecture Theatre C9, Renold Building

Obsessive Compulsive Disorder: Something Old, Something New

Convenor and Chair: Roz Shafran, University of Oxford, UK

Discussant: Marcel van den Hout, University of Utrecht, The Netherlands

- 3:00 A Re-examination of the Fear of Contamination.
Stanley J. Rachman, University of British Columbia, Canada.
- 3:20 Intensive One-week Cognitive Therapy for OCD in an Inpatient Setting: An Uncontrolled Pilot Study.
Anne E.M. Speckens, Institute of Psychiatry, London, UK
- 3:40 Responsibility Allocation, Thought-action Fusion and Other Beliefs Associated with OCD: Who's Responsible For All This Thinking?
Adam S. Radomsky, Concordia University, Canada
- 4:00 Correlation Between TAF and Aggression in a Student Sample.
Eric Rassin, Erasmus University, The Netherlands
- 4:20 Discussion

Symposium 62

Lecture Theatre C1, Renold Building

Recent Developments in the Cognitive Theory and Therapy of Voices

Convenors: Til Wykes, Institute of Psychiatry, London, and Max Birchwood, University of Birmingham, UK

- 3:00 The Interpersonal Model of Voice Hearing.
Max Birchwood, University of Birmingham, UK
- 3:20 Hearing Voices in Children.
Sandra Escher, Alex Buiks, Marius Romme, The Netherlands
- 3:35 CBT for Command Hallucinations.
Peter Trower, University of Birmingham, UK
- 3:50 Psychological Treatment for Voices in Groups: How Effective Will it Be?
Til Wykes, Institute of Psychiatry, London, UK
- 4:05 Group CBT for Psychosis: What Does an RCT Tell Us?
Christine Barrowclough, University of Manchester, UK

Symposium 63

Room D7, Renold Building

A Developmental Psychopathology of Adolescent Onset Psychosis

Convenor and Chair: Matthias Schwannauer, University of Edinburgh, Scotland

Discussant: Richard Bentall, University of Manchester, UK

- 3:00 Towards a Developmental Psychopathology of Psychosis.
Matthias Schwannauer, University of Edinburgh, Scotland
- 3:20 A Developmental Psychology Approach to Psychosis.
Richard Bentall, University of Manchester, UK
- 3:40 A Cognitive-developmental Account of Psychosis in Adolescence.
Chris Harrop, University of Birmingham, UK
- 4:00 Using CBT with Adolescents with Psychosis.
Ruth Whitehead, University of Birmingham, UK



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Symposium 64

Lecture Theatre C2, Renold Building

CBT for Chronic Fatigue Syndrome and Cancer-related Fatigue

Convenors: Trudie Chalder and Kate Rimes, Guy's, King's and St Thomas' School of Medicine, London, UK

Chair: Trudie Chalder, Guy's, King's and St Thomas' School of Medicine, London, UK

- 3:00 Cognitive Behaviour Therapy for Adults with Chronic Fatigue Syndrome: Outpatient v Telephone Sessions; A Randomised Controlled Trial.
Mary Burgess, Guy's, King's and St Thomas' School of Medicine, London, UK
- 3:15 Family Focused Cognitive Behaviour Therapy versus Psycho-education for Chronic Fatigue Syndrome in 11-18 Year Olds: A Randomised Controlled Trial.
Trudie Chalder, Guy's, King's and St Thomas' School of Medicine, London, UK
- 3:30 The Effectiveness of Cognitive Behaviour Therapy for Adolescents with Chronic Fatigue Syndrome: A Randomised Controlled Trial.
Maja Stulemeijer, University Medical Centre Nijmegen, The Netherlands.
- 3:45 A Randomised Controlled Trial to Evaluate the Effectiveness of a Brief Psycho-educational Intervention in Reducing the Level of, and Distress Associated with, Cancer-related Fatigue.
Jo Armes, Guy's, King's and St Thomas' School of Medicine, London, UK
- 4:00 Cognitive Behaviour Therapy to Reduce Fatigue and Impairment in Daily Life in Cancer Survivors. Preliminary Results of a Randomised Controlled Trial.
Marieke Gielissen, University Medical Centre Nijmegen, The Netherlands.

Symposium 65

Room E7, Renold Building

Cognitive Behaviour Therapy in Community and Primary Care II: Integrating Psychological and Pharmacological Interventions.

Convenor and Chair: David Richards, University of York, UK

- 3:00 Improving the Quality of Primary Care for Depression: What Works and What Doesn't.
Simon Gilbody, University of Leeds, UK
- 3:25 Integrating Psychological and Physical Treatments: Collaborative Models of Care.
Linda Gask, University of Manchester, UK
- 3:50 Graduate Primary Care Mental Health Workers: Case Managers or Psychology Assistants?
David Richards, University of York, UK
- 4:15 Discussion

Symposium 66

Manchester Evening News Room, Weston Building

New Research Ethics for People with Intellectual Disabilities: A Force for Good or Ill?

Convener: John L Taylor, Northgate Hospital, Northumberland, UK

- 3:00 Introduction
- 3:05 Issues in Obtaining Valid Consent from People with Intellectual Disabilities to Take Part in Treatment Outcome Research.
John L Taylor, Northumbria University and Northgate and Prudhoe NHS Trust, UK
- 3:25 Obtaining Informed Consent from Adults with Learning Disabilities.
Biza Stenfert Kroese and A. Dunn, Shropshire County PCT and University of Birmingham, UK
- 3:45 Re-Conceptualising the Capacity of People with Learning Disabilities to Consent to Take Part in Research.
Dougal Julian Hare, University of Manchester and North Staffordshire Combined Healthcare NHS Trust, Steve Hendy, North Staffordshire Combined Healthcare NHS Trust, Linda Dye, University of Manchester, UK
- 4:05 Gaining Ethical Approval for Research into Sensitive Topics: 'Two Strikes and You're Out'
Neil Sinclair, Care Principles, Canterbury, UK
- 4:25 Discussion

Open Papers 11

Room H11, Renold Building

Cognitive Behaviour Therapy Training and Supervision: From Practice to Theory and Back Again

Convenor: James Bennett-Levy, Oxford Cognitive Therapy Centre, UK

- 3:00 From Anointment to Training: Becoming a Supervisor.
Mark Freeston, Peter Armstrong, Vivien Twaddle, Newcastle Cognitive and Behavioural Therapies Centre, UK
- 3:20 Towards an Information Processing Model of Therapist Skill Development.
James Bennett-Levy, Oxford Cognitive Therapy Centre, UK
- 3:40 Measuring Idiographic Perceptions of CBT Competence: A Case Study Observing the Impacts of Supervision and Post-Graduate CBT Training.
Richard Thwaites, North Cumbria Trust, UK
- 4:00 I'm Not As Unskilled As I Thought: Influences on Self-perception of Competence During Therapy Training.
Alexis Beedie, Oxfordshire Mental Health Trust and James Bennett-Levy, Oxford Cognitive Therapy Centre, UK
- 4:20 Discussion



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Open Papers 12

Room F2, Renold Building

Cognition and Emotion

Chair: Bundy Mackintosh, Open University, UK

- 3:00 **The Influence of Mood on Fear Conditionability.**
Tanja Michael, University of Basel, Switzerland
- 3:18 **Spider Fearfuls Attend to Threat, Then Avoid It: Evidence from Eye Movements.**
Becker, E.S, The Netherlands Dresden University of Technology, Germany
- 3:36 **Attentional Bias Related to Social Anxiety in Children.**
Marina Carvalho, Universidade Lusófona, Lisbon, Portugal
- 3:54 **Rule-governed Behaviours and Persistence of Delusions in Schizophrenia.**
Monestes, JL, Centre Hospitalier Ph. Pinel Service, Amiens, France
- 4:12 **Time Estimation Ability and Distorted Perception of Sleep in Insomnia.**
Nicole K. Y. Tang, University of Oxford, U.K.

4.30 - 5.30

Keynote Speakers

Professor S.J Rachman, University of British Columbia, Vancouver, Canada

Naughty Thoughts

Chair: Dr Roz Shafran, University of Oxford, UK
Lecture Theatre C1, Renold Building

Dr Ann Hackmann, University of Oxford, UK

Images in Psychopathology: Mirrors That Might Do Well to Reflect

Chair: Dr Melanie Fennell, University of Oxford, UK
Lecture Theatre C16, Renold Building

Professor Lars-Goran Öst, University of Stockholm, Sweden

Does Cognitive Behaviour Therapy Work in Clinical Settings or Only in the Ivory Towers of the Researchers?

Chair: Professor Tom Borkovec, Penn State University, USA
Lecture Theatre C2, Renold Building

Professor William Yule, Institute of Psychiatry, London

Is There a Role for Cognitive Behaviour Therapy in Helping Young Refugee Asylum Seekers?

Chair: Dr Jonquil Drinkwater, UK
Weston Lecture Theatre, Weston Building



SEPTEMBER 2004

Saturday

8.30 - 10.00

Symposium 67

Lecture Theatre C9, Renold Building

Autobiographical Memory and Emotional Disorder

Convenor and Chair: **Tim Dalgleish, Medical Research Council Cognition and Brain Sciences Unit, Cambridge, UK**

- 8:30 Overgeneral Memory and Suicidal Vulnerability.
Mark Williams, University of Oxford, UK
- 8:47 Further Support for the Affect Regulating Character of Autobiographical Memory Specificity.
Dirk Hermans, Filip Raes and Annemie Defranc, University of Leuven, Belgium
- 9:15 Emotional Autobiographical Memories, Depression, and Goal Neglect.
Tim Dalgleish, Medical Research Council Cognition and Brain Sciences Unit, Cambridge, UK
- 9:32 Ruminative Thinking and Reduced Specificity of Autobiographical Memories in Major Depressive Disorder.
Filip Raes, University of Leuven, Belgium
- 9:45 Memories, Images and Goals. Some Preliminary Thoughts on the Nature and Function of Autobiographical Memories in Psychological Illnesses.
Martin A. Conway, University of Durham, UK

Symposium 68

Room D7, Renold Building

Metacognition and Psychotic Experiences

Convenor and Chair: **Anthony Morrison, University of Manchester, UK**

- 8:30 Introduction
- 8:35 Metacognition and Psychosis: Examining the Relationship Between Interpretation of Voices and Distress.
Sarah Nothard, University of Manchester, UK
- 8:55 The Role of Metacognitions in Individuals Suffering from Bipolar Disorder.
Matthias Schwannauer, University of Edinburgh, Scotland
- 9:15 Visual Hallucinations in Parkinson's Disease: Contributions of Cognitive Impairment and Metacognitive Style.
Rory Allott, University of Manchester, UK
- 9:35 Metacognition and Relapse Scale (MARS): A New Measure for Modelling Vulnerability and Transition to Relapse.
Andrew Gumley, University of Glasgow, Scotland
- 9:55 Discussion

Symposium 69

Weston Lecture Theatre, Weston Building

Recent Diagnostic, Treatment-outcome, and Basic-research in Children with ADHD: Implications for Clinical Practice

Convenor and Chair: **Pieter M. Prins, University of Amsterdam, The Netherlands**

- 8:32 Efficacy of Medication versus Medication Combined with Multimodal Behavior Therapy in Children with ADHD.
Saskia van der Oord, University of Amsterdam, The Netherlands
- 8:52 Pharmacological and Non-pharmacological Approaches in the Management of ADHD.
P. Santosh, Institute of Psychiatry, London, UK
- 9:15 The Contribution of Neuropsychology to the Diagnosis of ADHD in Children.
H. M. Geurts, University of Amsterdam, The Netherlands
- 9:36 Early Screening and Risk Taxation in Young Children with High Levels of Hyperactive and Impulsive Behaviour.
M.J. Groenteman and Pieter.J.M. Prins, University of Amsterdam, The Netherlands

Symposium 70

Room E7, Renold Building

Current Approaches to Cognitive Behaviour Therapy Supervision

Convenor and Chair: **Derek Milne, University of Newcastle Upon Tyne**

- 8:30 Evidence-based Supervision; The Current Model.
Derek Milne and Ian James, University of Newcastle Upon Tyne, UK
- 8:45 A NICE(R) Systematic Review of the Clinical Supervision Literature.
Chris Dunkerley and Derek Milne, University of Newcastle Upon Tyne, UK
- 9:00 PRAXIS: A CD-Rom Based Approach to Introducing CBT.
Pam Myles, Newcastle, North Tyneside and Northumberland Mental Health NHS Trust, UK
- 9:15 Manipulation of the 'Mini-impacts' and 'Mechanisms' in supervision'.
Ian James and Kathryn Allen. Centre for the Health of the Elderly Newcastle General Hospital and University of Newcastle upon Tyne, UK
- 9:30 Delivering Effective Supervision within a CBT Training Programme.
Mark Freeston, Newcastle Cognitive and Behavioural Therapies Centre, Newcastle, UK
- 9:45 Discussant:



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Symposium 71

Lecture Theatre C2, Renold Building

Anxiety and Depression and Medical Illness: Impact on Diabetes, Cardiovascular Disease, HIV and Healthcare Utilisation

Convenor and Chair: Cheryl Carmin, University of Illinois at Chicago, USA

Discussant: Paul Salkovskis, Institute of Psychiatry, London, UK

- 8:30 Depression and Insulin Dependent Diabetes Mellitus.
Michael Kyrios, University of Melbourne, Australia
- 8:45 Anxiety and Cardiovascular Disease.
Cheryl Carmin, University of Illinois at Chicago, USA
- 9:00 Cognitive Behavioural Treatment for HIV Medication Adherence and Depression.
Steven A. Safren, Massachusetts General Hospital and Harvard University and Fenway Community Health, USA
- 9:15 A Comparison of Healthcare Utilisation Patterns Among Patients with Different Anxiety Disorders.
Jonathan S. Abramowitz, Mayo Clinic, USA
- 9:30 Discussion.
Paul Salkovskis, Institute of Psychiatry, London, UK

Symposium 72

Lecture Theatre C1, Renold Building

Controversies and Growing Points in Early Intervention in Psychosis

Convenor and Chair: Max Birchwood, University of Birmingham, UK

- 8:30 Ethical Dilemmas In The Prevention of Psychosis in People at Ultra-High Risk.
Tony Morrison, University of Manchester, UK
- 8:50 Duration of Untreated Psychosis and Outcome in Cohorts of First Episode Patients: A Systematic Review.
Max Marshall, University of Manchester, UK
- 9:05 Redirect: Evaluating the Effectiveness of an Educational Intervention on First Episode Psychosis in Primary Care in Reducing DUP.
Helen Lester, University of Birmingham, UK
- 9:20 Trauma and the Risk of Psychosis.
David Fowler, University of East Anglia, UK
- 9:35 Pathways to Emotional Dysfunction in Early Psychosis: Social Anxiety Disorder and the Shame of Psychosis.
Max Birchwood, University of Birmingham, UK

Symposium 73

Lecture Theatre C16, Renold Building

Some Issues Concerning Guilt and Shame in Anxious Psychopathology

Convenors and Chair: Graham C.L. Davey, University of Sussex, UK and Francesco Mancini, Scuola di Specializzazione in Psicoterapia Cognitiva, Rome, Italy

- 8:30 Introduction
- 8:40 Cognitive Anatomy of Shame and Guilt: Their Differences, Functions and Defensive Moves.
Cristiano Castelfranchi, University of Siena, Italy.
- 9:05 Shame and 'Self-disgust' in Anxious Psychopathology.
Graham C.L. Davey, University of Sussex, UK.
- 9:30 Guilt, Mental Models and OCD.
Francesco Mancini, Associazione di Psicologia Cognitiva, Rome, Italy

Open Papers 13

Manchester Evening News Room, Weston Building

Child Open Paper Session 2

Chair: Charlotte Wilson, Cambridgeshire and Peterborough Mental Health Partnership Trust, UK

- 8:30 A Comparison of Parental Attributions About Child Hyperactivity and Conduct Problems: Implications for Treatment.
Katerina Maniadaki, Psychological Center of Developmental and Learning Disabilities "ARSI", Greece
- 8:45 Evaluation of a Parent Management Training for Young Children with Behavioural Problems.
Thierry Meerschaert, University of Ghent, Belgium
- 9:00 The Parental Involvement Programme (PIP): An Effective Intervention for Children with Behaviour Problems.
Pienaar, G. E., University of South Africa
- 9:15 Aggressive Behaviour in Preschool Boys and Girls: Differential Rearing Practices or Result of ADHD?
Efthymios Kakouros, Psychological Center of Developmental and Learning Disabilities "ARSI"
- 9:30 Psychological Adjustment and Childhood Asthma: The UK Nationwide Mental Health Survey.
Rachel Calam, University of Manchester, UK



SEPTEMBER 2004

Saturday

9.00 - 12.00

In-Congress Workshops

Stress Control: Large Group Didactic Therapy for the Common Mental Health Problems

Jim White, Glasgow, Scotland

Making CBT Meaningful for People with Intellectual Disabilities: From Theory to Practice

Andrew Jahoda, University of Glasgow, Scotland and Dave Dagnan, University of Northumbria in Newcastle, UK

Cognitive Behaviour Therapy for Bipolar Disorder

Steven Jones and John McGovern, University of Manchester, UK

Motivational Interviewing: Revisiting the Basics

Henck van Bilsen, Kneesworth House Hospital and Auckland Institute for Cognitive and Behaviour Therapies, Auckland, New Zealand

Cognitive Behaviour Therapy for Body Dysmorphic Disorder

David Veale, The Priory Hospital North London and Royal Free and University College Medical School, London, UK and Fugen Neziroglu Bio-Behavioral Institute in Great Neck, New York, USA

10.00 - 11.30

Symposium 74

Lecture Theatre C16, Renold Building

Worry and Rumination: Their Relationship with Emotional Processing, Stress and Core Cognitive Constructs

Convenor and Chair: Sandra Sassaroli, Cognitive Psychotherapy School and Research Center, Milan, Italy

- 10:00 **Worry, GAD, Depressive Rumination, and Emotional Processing.**
Tom Borkovec, Penn State University, USA
- 10:20 **Worry About Cognitive Constructs is Associated with Eating Disorders Symptoms.**
Sandra Sassaroli, Studi Cognitivi Cognitive Psychotherapy School and Research Center, Milan, Italy
- 10:35 **Stress Situations Reveals Association Between Perfectionism and Worry.**
Giovanni M. Ruggiero, Studi Cognitivi Cognitive Psychotherapy School and Research Center, Milan, Italy
- 10:50 **Rumination and Emotional Processing for Depressing Events.**
Ed Watkins, University of Exeter, UK
- 11:10 **The Role of Worry Trait as a Dispositional Variable in Voluntary Hyperventilation Produced Symptoms and Panic Disorder.**
Gregoris Simos and Nikolas Nikolaidis, Aristotelian University of Thessaloniki, Greece

Symposium 75

Lecture Theatre C9, Renold Building

Mediators of Change in Cognitive Therapy for Social Phobia

Chair: Asle Hoffart, Modum Bad, Norway

Discussant: Harold Sexton, University of Tromsø, Norway

- 10:00 **Introduction**
- 10:06 **Session-by-session Changes in Anxiety and Depression During Treatment for Social Anxiety Disorder: A Multi-level Mediation Analysis.**
Tina In-Albon, Boston University, USA
- 10:24 **Cognitive Processes During Treatment in Social Phobia.**
Marisol Voncken, University of Maastricht, The Netherlands
- 10:42 **Brief Cognitive Therapy for Social Phobia: An Analysis of Change Patterns.**
Adrian Wells, University of Manchester, UK
- 11:00 **Change Processes in Cognitive and Interpersonal Therapy for Social Phobia.**
Asle Hoffart, Modum Bad, Norway
- 11:18 **Discussion.**
Harold Sexton, University of Tromsø, Norway

Symposium 76

Room D7, Renold Building

Case Formulation in Cognitive Behavior Therapy Treatment of Psychosis

Convenor: Nick Tarrier, University of Manchester, UK

- 10:00 **Introduction**
- 10:05 **Case Formulation of Violence and Aggression in Psychotic Patients.**
Gillian Haddock, University of Manchester, UK
- 10:25 **How Important is Formulation in Relation to a Good Outcome with CBT for Schizophrenia?**
Doug Turkington, University of Newcastle, UK
- 10:45 **Case Formulation and Suicide Risk in Schizophrenia.**
Nick Tarrier, University of Manchester, UK
- 11:05 **Paranoid Psychosis and Panic Disorder.**
Mark van der Gaag, Parnassia and University of Groningen, The Netherlands.
- 11:25 **Discussion**



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Symposium 77

Weston Lecture Theatre, Weston Building

Prevention and Treatment of Disruptive Disorders in Childhood

Chair: Julia Plueck, University of Cologne, Germany

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- 10:00 Do Parent Training Effects Wane Over Time? Short and Long-term Outcome of a Universally Introduced Parent Training.
Nina Heinrichs, Braunschweig University, Germany
- 10:30 Recruitment in an Indicated Prevention Programme: Parental Participation Decisions.
Julia Plueck, University of Cologne, Germany
- 11:00 Efficacy of the Prevention Program for Externalizing Problem Behaviour (PEP) in Pre-schoolers.
Inez Freund-Braier, University of Cologne, Germany

Symposium 78

Manchester Evening News Room, Weston Building

Sex Offenders

Convenor: Richard Beckett, C A Hartley-Morris Forensic Services, The Oxford Clinic, UK

-
- 10:00 Adolescent Sexual Abusers.
Richard Beckett, C A Hartley-Morris Forensic Services, The Oxford Clinic, UK
- 10:25 Schema Focused Therapy with Sex Offenders and Recent Evaluation.
Rebecca Milner and Helen Wakeling, Offending Behaviour Programmes Unit, HM Prison Service UK
- 10:50 Evaluating the Effectiveness of Therapy for Sexual Offenders in the UK
Anthony Beech, C A Hartley-Morris Forensic Services, The Oxford Clinic, UK
- 11:15 Discussion

Symposium 79

Lecture Theatre C1, Renold Building

Early Interventions

Convenor: Lucia Valmaggia, Institute of Psychiatry, London, UK

-
- 10:00 Introduction
- 10:05 When 'Normal' Becomes 'Abnormal'.
Louise Johns, Institute of Psychiatry, London, UK
- 10:25 OASIS: A Service for Young People at Risk of Developing Psychosis in South London: Interventions and Outcomes Over the First Two Years.
Paul Tabraham, Institute of Psychiatry, London, UK
- 10:45 A Randomised Controlled Trial of Cognitive-Behavioural Therapy in Patients at Risk of Developing a First Episode of Psychosis.
Paul French, EDIT Service, Bolton Salford and Trafford Mental Health NHS Trust, UK
- 11:05 A Randomised Controlled Trial of Cognitive-Behavioural Therapy in the Pre-Psychotic Phase: Preliminary Results.
Andreas Bechdolf, Cologne Early Recognition and Intervention Center (CERIC), Germany
- 11:25 Discussion

Symposium 80

Room F14, Renold Building

Problems of Identity Across Psychiatric Disorders: Similarities and Differences

Convenor and Chair: Chris R. Brewin, University College London, UK

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- 10:00 Dysfunctional Integration of Trauma Memories in PTSD: When the Trauma Becomes a Key to Identity.
Dorthe Berntsen, University of Aarhus, Denmark and David C. Rubin, Duke University, U.S.A.
- 10:20 Working with People Who Don't Exist.
Gillian Butler, Oxford Cognitive Therapy Centre and University of Oxford, UK
- 10:40 Identity and Psychosis.
Anthony P. Morrison, University of Manchester, UK
- 11:00 "Voices" in PTSD: A Window on Identity.
Chris R. Brewin, University College London, and Traumatic Stress Clinic, Camden and Islington Mental Health and Social Care Trust, London, UK
- 11:20 Discussion

Symposium 81

Lecture Theatre C2, Renold Building

New Developments in the Understanding and Treatment of Insomnia

Convenor: Lars-Gunnar Lundh, University of Lund, Sweden

-
- 10:00 The Moment My head Hits the Pillow: Insomnia as the Inhibition of Normal Sleep Processes
Colin Espie, University of Glasgow, UK
- 10:20 Toward a Cognitive Theory and Therapy for Chronic Insomnia.
Allison Harvey, University of Oxford, UK
- 10:40 Mindfulness-based Cognitive Therapy for Insomnia.
Thomas Heidenreich, Johann Wolfgang Goethe- Universität, Frankfurt am Main, Germany
- 11:00 The Role of Acceptance and Mindfulness in the Treatment of Insomnia.
Lars-Gunnar Lundh, University of Lund, Sweden
- 11:20 Discussion



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Saturday

Roundtable 7

Room E7, Renold Building

Can Professional Requirements and Individual Development Needs Be Reconciled in Cognitive Therapy Supervision?

Convenors: Mark Freeston and Peter Armstrong, Newcastle Cognitive and Behavioural Therapies Centre, UK

- 10:00 Introduction: Mark Freeston is Course Director for the Newcastle Diploma in Cognitive Therapy and has been involved in the development of an increasingly comprehensive training programme from Foundation skills through to Supervision Training and other events for experienced therapists.
- 10:05 Amanda Cole, Devon, UK is an experienced supervisor and has led on accreditation issues for BABCP and so has a clear view of both sides of the question.
- 10:15 Peter Armstrong, Newcastle, UK is an experienced trainer and supervisor who has been involved in the development of conceptually-based supervision training based on the Newcastle model that explicitly recognises potentially competing goals of supervision.
- 10:25 James Bennett-Levy, Oxford, UK has been developing a training strategy, self-practice/self-reflection, which provides an in-depth opportunity for practising cognitive therapists, to experience cognitive therapy 'from the inside'.
- 10:35 Stirling Moorey, London, UK is an experienced CBT supervisor and has been developing training for supervisors in the South London and Maudsley Trust. Through his involvement in psychotherapy training and supervision he brings an integrative viewpoint to the discussion.
- 10:45 Discussion
- 11:25 Concluding comment: Mark Freeston

Open Papers 14

Room F2, Renold Building

Factors Influencing Outcome in Cognitive Behaviour Therapy

Chair: Nick Hawkes, University of East London, UK

- 10:00 Motivational Factors in the CBT of OCD.
Patrick A Vogel, University of Science and Technology, Trondheim, Norway
- 10:18 Distorted Perception of Sleep in the Maintenance of Insomnia: Phenomenology and Intervention.
Nicole K. Y. Tang, University of British Columbia, Vancouver, Canada
- 10:36 Changes of Metacognitive Beliefs in Generalised Anxiety Disorder After Cognitive Behavioural Therapy
Juergen Hoyer, Catholic University of Nijmegen, The Netherlands
- 10:54 Mechanisms of Change in CBT for Panic Disorder.
Smith, E.C, Institute of Psychiatry, London, UK
- 11:12 CBT of Paroxetine in the Treatment of Panic Disorder.
Jan Prasko, Charles University, Prague, Czech Republic

9.00 - 11.30

Poster Session 5

Congress marquee

Cognitive Processes

Influence of a Regular Work-out Session and Ideal Body Image on Perceived Body Image and Body Satisfaction in Male Bodybuilders and Triathletes

Inga Petersen *et al.* Christoph-Dornier-Stiftung Münster, Germany; Westfälische Wilhelms Universität Münster, Germany.

Static and Dynamic Body Image in Anorexia and Bulimia Nervosa.

Silja Vocks, Tanja Legenbauer *et al.* Ruhr-Universität Bochum, Germany

Do What Extent Do Obese Binge Eaters Show Body Image Distortions?

Tanja Legenbauer, Silja Vocks *et al.* Ruhr-Universität Bochum, Germany

Clinical Features of Obsessive Symptoms in Borderline Personality Disorder and Obsessive Compulsive Disorder.

Fabrizio Didonna *et al.* Padova, Italy

Inferiority in Depression, Obsessive Compulsive Disorder and Social Phobia.

Yao Sn and Jean Cottraux, Neurological Hospital of Lyon, France

Attentional Bias and Emotional Responses to Stress: An Investigation Using Self-Report and Physiological Measures of Stress.

Billy Jansson, Stockholm University, Sweden

Expressed Emotion and Parasuicide.

Jose Santos, Saraiva, C, Sousa, L, Bissaya Barreto, Coimbra, Portugal

Affective Startle Modulation for Emotional Face Stimuli.

Xavier Caseras, Matthew Garner, Karen Mogg and Brendan Bradley, University of Southampton, UK.

Evaluative Learning and Expectancy Learning Can Be Measured Concurrently in Aversive Pavlovian Conditioning.

J. Blechert, Tanja Michael, N. Vriends, Jurgen Margraf, and Frank Wilhelm, University of Basel, Switzerland

Intolerance of Uncertainty and Processing of Ambiguous and Emotionally-Evocative Pictures.

Naomi Koerner, M. Hedayati and Michael Dugas, Concordia University, Montreal, Canada

Psychometric Properties of the Vancouver Obsessional-Compulsive Inventory and the Symmetry, Ordering and Arranging Questionnaire: French Translations.

Chris Parrish, A. Ouimet, A. Ashbaugh, Adam Radomsky, K O'Connor, Concordia University, Centre de Recherche Fernand-Seguin, University of Montreal, Canada

Psychometric Properties of the French Claustrophobia Questionnaire

A. Ouimet, Chris Parrish, A. Ashbaugh, A. Vivan, Adam Radomsky and K. O'Connor, Concordia University and Centre de Recherche Fernand-Seguin, University of Montreal, Canada

Cognitive Biases and Deficits in the Recognition of Facial Affect in Social Phobia.

Simone Leber, Kirstin Kraft and Ulrich Stangier, Johann Wolfgang Goethe-University of Frankfurt, Germany

Burnout and Psychosocial Factors at the Workplace: A Prospective Study

Karin Lindblom, Steve Linton, I-Lbryngelsson, Örebro Medical Center, Sweden.



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Modulation of Explicit and Implicit Anxiety Through Mental Imagery.

Grazia Ceschi *et al.*, University of Geneva, Switzerland

Attention to Physical Threat Signals: An Experimental Approach.

Stefaan Van Damme, Geert Crombez, Ernst Koster, Ghent University, Belgium and Chris Eccleston, University of Bath, UK

Real Life Problem Solving in Anxious and Depressed Mood.

Anderson, R Goddard, L and Powell, J, University of London, UK

Motor Memory and Reality Monitoring in Checking-prone Individuals.

Ariane Zermatten, M. Van der Linden and Grazia Ceschi, University of Geneva, Switzerland

Indecisiveness and Worst Case Scenario Reasoning.

Eric Rassin, Erasmus University Rotterdam, The Netherlands

Memory Confidence and Compulsive Checking: A Mood as Input Approach.

MacDonald, B A and Davey, G.C.L, University of Sussex, London, UK

Cognitive Processes of Self-Oriented Perfectionism Among Japanese College Students.

Osami Kobori and Y.Tanno, The University of Tokyo, Japan

Interpretation of Somatic Symptoms in Hypomania.

Steve Jones and A. Smith, University of Manchester, UK

Changes in Preattentive Bias After CBT of Panic Disorder with Agoraphobia.

J. Wikström, Lars-Gunnar Lundh, U. Thulin and Lars Goran Öst, Karolinska Institute, Stockholm, University of Lund, Stockholm University, Sweden

Psychometric Properties of the Icelandic Version of Obsessive-Compulsive Inventory Revised

Ásdís Eydórsdóttir, Daniel T. Ólason and Jakob Smári, University of Iceland, Iceland

Post-event Processing and Social Anxiety: Specificity or Non-specificity in a College Student Population.

Óla Eggertsdóttir, Pétur Tyríngsson and Jakob Smári, University of Iceland, Iceland

Emotional Self-referent Thought Suppression.

Celine Baeyens and P. Philippot, University of Louvain, Belgium

Do Socially Anxious Individuals Have a Biased Categorical Perception of Emotional Facial Expression?

Celine Douilliez, S. Campanella and P. Philippot, University of Louvain, Belgium

The Nature of the Attentional Bias for Words in Social Phobia

Margarita Ononaiye, Graham Turpin and J. Reidy, University of Sheffield and Sheffield Hallam University, UK

Metacognitive Analysis Assisting 'Stop-thinking': An OCD Case Study.

I.A Malogiannis and Tomas Kalpakoglou, Institute of Behaviour Research and Therapy, Athens, Greece.

Can 'Thriving' Facilitate the Cognitive Integration of Traumatic Memories?

Suneon J., Goodenough B., Cohn R., and Johnston K, Sydney Children's Hospital, Australia and the University of New South Wales, Australia

Clinical and Psychological Predictors of Social Functioning in Bipolar Disorder.

M Pope¹, J Scott², Robert Dudley³, and M Freeston, ¹University of Newcastle upon Tyne, ²Institute of Psychiatry, London; ³Newcastle Cognitive and Behavioural Therapies Centre and University of Newcastle upon Tyne.

The Impact of Family Knowledge and Criticism on Clinical Outcome in Bipolar Disorder.

M Pope¹, J Scott², Robert Dudley³, and M Freeston, ¹University of Newcastle upon Tyne, ²Institute of Psychiatry, London; ³Newcastle Cognitive and Behavioural Therapies Centre and University of Newcastle upon Tyne.

A full list of the authors and affiliations appears in the Congress Abstracts

11.30 - 12.30

Keynote Speakers

Professor Gudrun Sartory, University of Wuppertal, Germany

Experimental Studies of Post Traumatic Stress Disorder

Chair: Professor Graham Turpin, University of Sheffield, UK

Lecture Theatre C9, Renold Building

Dr Mark Van Der Gaag, University of Leiden, The Netherlands

New Developments in Cognitive Behavioural Therapy for Psychosis

Chair: Dr Lucia Valmaggia, Institute of Psychiatry, London, UK

Lecture Theatre C1, Renold Building

Professor Marcel Van Den Hout, University of Utrecht, The Netherlands

Personality, Safety Behaviours and Anxiety Disorders

Chair: Professor Arnoud Arntz, Maastricht University, The Netherlands

Lecture Theatre C16, Renold Building

Professor John Weinman, Guys', Kings' and St Thomas' School of Medicine, London, UK

The Patient's Perception of Illness: Can it Provide a Basis for Predicting and Improving Outcome?

Chair: Dr Myra Hunter, South London and Maudsley Trust and Institute of Psychiatry, London, UK

Lecture Theatre C2, Renold Building

Anne Garland, President Elect BABCP, Nurse Consultant in Psychological Therapies Nottinghamshire NHS Trust, UK

"All for One and One for All": Realising Our Potential by Remembering Our Roots.

Chair: TBC

Western Lecture Theatre, Western Building



SEPTEMBER 2004

Saturday

1.30 - 3.00

Symposium 82

Lecture Theatre C16, Renold Building

Cognitive, Behavioural, and Affective Reactions to Anxiety: New Findings and Future Directions

Convenor and Chair: Michel J. Dugas, Concordia University, Montreal, Canada

Discussant: Randy Frost, Smith College, USA

- 1:30 Are There Benefits of Emotional Suppression During Anticipatory Anxiety?
Adam S. Radomsky, Concordia University, Canada
- 1:50 Anxiety Sensitivity and its Dimensions Across the Anxiety Disorders.
Jonathan S. Abramowitz, Mayo Clinic, Rochester, USA
- 2:20 Fear of Anxiety and Worry: An (unexpectedly) Robust Relationship.
Michel J. Dugas, Concordia University, Montreal, Canada
- 2:40 Discussion.
Randy Frost, Smith College, USA

Symposium 83

Lecture Theatre C9, Renold Building

Key Processes in the Maintenance of Social Phobia

Convenors: Colette Hirsch and Jennifer Wild, Institute of Psychiatry, London, UK

Chair: Colette Hirsch, Institute of Psychiatry, London, UK

- 1:30 Learning History in Social Phobia.
Allison Harvey, University of Oxford, UK
- 1:48 Encoding of Threatening Information: Does Gender Matter?
Nina Heinrichs, Technical University of Braunschweig, Germany
- 2:06 Actual and Self-perceived Differences in Social Performance and Anxious Appearance Between Social Phobic Patients and Normal Controls.
Marisol Voncken, University of Maastricht, The Netherlands
- 2:24 Specificity of Autobiographical Memory in Social Phobia, Major Depression and Healthy Controls.
Ulrich Stangier, University of Frankfurt, Germany
- 2:42 Updating Social Trauma Memories: Reliving and Rescripting in Social Phobia.
Jennifer Wild, Institute of Psychiatry, London, UK

Symposium 84

Lecture Theatre C2, Renold Building

The State of the Art in Depression Research II: Innovative Interventions

Convenors and Chairs: Costas Papageorgiou, University of Lancaster and Edward Watkins, University of Exeter, UK

Discussant: David A. Clark, University of New Brunswick, Canada

- 1:30 Rumination, Cognitive Style and Homework Compliance as Predictors of Treatment Response in Depression.
John E. Roberts, Jeffrey A. Ciesla, and Morgen A. R. Kelly, University at Buffalo, State University of New York, USA
- 1:50 Metacognitive Treatment for Depressive Rumination.
Costas Papageorgiou, Institute for Health Research, University of Lancaster, UK
- 2:10 Rumination-Focused Cognitive Therapy.
Edward Watkins, School of Psychology, University of Exeter, UK
- 2:30 Mindfulness-Based Cognitive Therapy in Depression: Can it be Applied to Suicidality?
J. Mark G. Williams, Melanie J. Fennell, and Danielle Duggan, University of Oxford, UK
- 2:50 Discussion.
David A. Clark, University of New Brunswick, Canada

Symposium 85

Manchester Evening News Room, Weston Building

Body Dysmorphic Disorder Part 1

Convenor: David Veale, Royal Free Hospital and University College Medical School, University College London, UK

Chair: Mark Freeston, Newcastle Cognitive and Behaviour Therapies Centre, UK

- 1:30 Introduction
- 1:35 Social Evaluative Concerns in BDD
Martin Anson, Institute of Psychiatry, London, UK
- 1:55 Mirror Gazing in BDD.
Theo K Bouman, University of Groningen, The Netherlands
- 2:15 Psychopathology of Cosmetic Surgery.
Sandra Mulken, University of Maastricht, The Netherlands
- 2:35 Cosmetic Procedures in BDD.
David Veale, Royal Free and University College Medical School, London, UK
- 2:55 Discussion



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Symposium 86

Room D7, Renold Building

Concepts from the Analysis of Language and Experience in Treating Adult Problems.

Convenor and Chair: Richard Hallam, Haringey Mental Health Trust, London and University of Greenwich, London, UK

- 1:30 Introduction
Richard Hallam, Haringey Mental Health Trust, London and University of Greenwich, London, UK
- 1:35 Narrative Approaches and Cognitive Therapy.
Kieron O'Connor, University of Montreal, Canada
- 2:00 The Role of Metaphor in Delusional Thinking: A Pilot Study.
Simon Jakes, South Western Sydney Health Service, Australia
- 2:25 Dialogical Approaches to Problematic Mental Activity.
Richard Hallam, Haringey Mental Health Trust, London and University of Greenwich, London, UK
- 2:50 Questions

Roundtable 8

Weston Lecture Theatre, Weston Building

Treatment of Obesity: Mission Impossible?

Convenor: Caroline Braet, University of Ghent, Belgium.

Contributors:

- Anita Jansen, University of Maastricht, The Netherlands
Riccardo Dalle Grave, Villa Garda, Verona, Italy
Caroline Braet, University of Ghent, Belgium
G. Terence Wilson, Rutgers University, USA

Roundtable 9

Room C1, Renold Building

How Does Theory Inform Practice in the Treatment of Intrusive Memories? Principles Behind the Selection of Imagery Techniques in the Treatment of Trauma.

Convenor: Ann Hackmann, Institute of Psychiatry, London, and OCTC Oxford, UK

Contributors:

- Chris Brewin, University College London, UK
Ann Hackmann, Institute of Psychiatry, London, UK
Mervin Smucker, Medical College, Wisconsin, USA
Arnoud Arntz, University of Maastricht, The Netherlands

Open Papers 15

Room F2, Renold Building

Change and Outcomes in Psychotherapy

Chair (TBC)

- 1:30 Risk Adjustment for Comparing Psychotherapeutic Outcomes Across Hospitals: Necessary or Indispensable?
Schulz, H, University Clinic of Hamburg-Eppendorf, Germany
- 1:48 The Role of the German Version of 'The Health of the Nation Outcome Scales, HoNOS-D' in Measuring Symptom Severity II: Analysis of Validity.
Harfst, T, University Clinic of Hamburg-Eppendorf, Germany
- 2:06 The Role of the German Version of 'The Health of the Nation Outcome Scales, HoNOS-D' in Measuring Symptom Severity II: Analysis of Practicability and Reliability.
Andreas, S; University Clinic of Hamburg-Eppendorf, Germany
- 2:24 Profile of Psychotherapeutic Goals: Feasibility and Validity in Inpatient Psychotherapy.
Dirmaler, J. University Clinic of Hamburg – Eppendorf, Germany
- 2:42 Measurement of Crucial Change Processes in Psychotherapy. The Improvement of Self-regulation Capacities.
Karin Pöehlmann, University Hospital for Psychotherapy and Psychosomatic Medicine, Dresden, Germany

1.30 - 4.30

In-Congress Workshops

Exposure to the Imaginative Death Experience in Hypochondriasis

Jan Prasko, B. Paskova H. Praskova Prague Psychiatric Centre and Charles University, Prague, Czech Republic

Cognitive Behaviour Therapy for Anxiety/depression in Patients with the Diagnoses Asperger and AD/HD

Elizabeth Ekman, Gothenburg Center for Cognitive Behavioral Therapy, Sweden,

Cognitive Therapy for Post Traumatic Stress Disorder in the Context of Civil Conflict Using the Ehlers Clark Cognitive Model of PTSD

Kate Gillespie and Michel Duffy, The Northern Ireland Centre for Trauma and Transformation, Northern Ireland

Collaborative Interviewing in Mathematical Analogy Technique (CLIMATE): Socialising the Patient Into CT Using a Step by Step Analysis and Synthesis Technique

Lefteris Konstandinidis and Gergoris Simos. Community Mental Health Center/2nd Dept. of Psychiatry, Aristotelian University of Thessaloniki, Thessaloniki, Greece



SEPTEMBER 2004

Saturday

3.00 - 4.30

Symposium 87

Lecture Theatre C2, Renold Building

Emotional Reasoning, Intrusion-based Reasoning, and Psychopathology.
Convenor and Chair: Arnoud Arntz, University of Maastricht, The Netherlands

- 3:00 Emotional Reasoning and Anxiety Disorders.
Arnoud Arntz, University of Maastricht, The Netherlands
- 3:20 Feeling Guilty as Source of Information About "Not Just Right Experiences".
Amelia Gangemi, Scuola di Psicoterapia Cognitiva, Rome, Italy
- 3:40 Intrusion-based Reasoning and Emotional Reasoning as Risk Factors for the Development of PTSD.
Iris Engelhard, University of Maastricht, The Netherlands
- 4:00 The Mood-as-input Model and Psychopathology.
Graham Davey, University of Sussex, UK

Symposium 88

Lecture Theatre C9, Renold Building

Key Processes in the Maintenance of Social Phobia II
Convenors: Colette Hirsch and Jennifer Wild, Institute of Psychiatry, London, UK
Chair: Colette Hirsch, Institute of Psychiatry, London, UK

- 3:18 Implicit Views of Self and Other: An Experimental Investigation.
Lusia Stopa, University of Southampton, UK
- 3:36 Online and Offline Interpretation Biases in Social Anxiety.
Jonathon D. Huppert, University of Pennsylvania, USA
- 3:54 Emotional and Physiological Reactions of Sociophobic and Depressive Patients on Affective Pictures (Social Situations and Human Faces).
Ulrich Stangier, J.W. Goethe Universität Frankfurt, Germany
- 4:12 Interpretation of Social Interaction Videos: An Ecologically Valid Measure of Bias in Social Phobia.
Nader Amir, University of Georgia, USA

Symposium 89

Lecture Theatre C1, Renold Building

Current Perspectives in Cognitive Behavioural Approaches to the Detection and Prevention of Relapse Amongst Individuals with Psychosis.

Convenor: Andrew Gumley, University of Glasgow, Scotland
Chairperson: Max Birchwood, University of Birmingham, UK
Discussant: S Lewis, University of Manchester, UK

- 3:00 Attributional Processes and the Development of the 'Relapse Signature':
The Status of the Cognitive Model of Relapse, 2004.
Max Birchwood, University of Birmingham, UK
- 3:20 Staying Well After Psychosis: A Cognitive Account of Vulnerability and Transition to Relapse.
Andrew Gumley, University of Glasgow, Scotland
- 3:35 Relapse Prevention in Early Psychosis: The LEO Trial.
Phillipa Garety, Institute of Psychiatry, London, UK
- 3:50 CBT for Relapse Prevention in First Episode Schizophrenia.
Stefan Klingberg, University of Tuebingen, Germany
- 4:05 Overview and Future Directions for Relapse Detection and Prevention in Psychosis.
Sian Lewis, University of Manchester, UK

Symposium 90

Room D7, Renold Building

Working with Dissociation and DID: Theoretical and Clinical Issues Within Cognitive Behaviour Therapy Approaches
Convenor: Fiona Kennedy, Isle of Wight Healthcare NHS Trust, UK

- 3:00 Introduction
- 3:05 Towards a Cognitive Model of Dissociation.
Fiona C Kennedy, Isle of Wight Healthcare NHS Trust, UK
- 3:25 The Development of a New Theory-driven Scale to Measure Dissociation.
Fiona C Kennedy, Isle of Wight Healthcare NHS Trust, UK
- 3:45 A Case of DID: Cognitive Behavioural Treatment Based on the Model and CBT Principles.
Vivian Cowdrell, Wessex Healthcare Trust, UK
- 4:05 Triggering State Dissociation in Eating-disordered Patients: An Experimental Study and Implications for Treatment.
Glenn Waller, St George's Hospital Medical School, UK



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Symposium 91

Room F14, Renold Building

A Cognitive-emotional Model for Sexual-dysfunction and Assessment and Treatment of Sexual Problems in Homosexual and Heterosexual Couples

Convenor and Chair: Mehmet Sungur, Medical School of Marmara University, Istanbul, Turkey

- 3:00 Difficulties Encountered During Treatment of Sexual Problems in Heterosexual Couples: A Cognitive-Emotional Approach to the Treatment of Sexual Dysfunction.
Pedro Nobre, Universidade de Trás-os-Montes e Alto Douro, Portugal
- 3:25 Difficulties Encountered During Assessment and Treatment of Homosexual Couples.
Antonella Montano, Istituto A.T. Beck, Rome, Italy
- 3:50 Combined Approach in Treatment of Erectile Dysfunction: Isn't Effective Oral Pharmacotherapy Enough?
Mehmet Sungur, Medical School of Marmara University, Istanbul, Turkey
- 4:15 Discussion

Symposium 92

Manchester Evening News Room, Weston Building

New Research in Body Dysmorphic Disorder Part II

Convenor: David Veale, Royal Free Hospital and University College Medical School, University College London

- 3:00 Introduction
- 3:05 How Effective is a Relapse Prevention Program in Body Dysmorphic Disorder?
Fugen Neziroglu and Anna Breytman, Bio-Behavioural Institute, New York, USA
- 3:25 Exposure with Relapse Prevention for Body Dysmorphic Disorder; What Should be the Target?
Yanda R. van Rood, Leiden University Medical Centre, The Netherlands
- 3:45 The Role of Aesthetic Sensitivity in Body Dysmorphic Disorder.
Christina Lambrou, Institute of Psychiatry, London, UK
- 4:05 Transforming Imagery in Individuals with Body Dysmorphic Disorder.
Rob Willson, The Priory Hospital North London, UK
- 4:25 Discussion

Symposium 93

Weston Lecture Theatre, Weston Building

Cognition in Obsessive Compulsive Disorder

Convenor: Adam S. Radomsky, Concordia University, Montreal, Canada and Kieron O'Connor, University of Montreal, Canada
Discussant: Stanley J Rachman, University of British Columbia, Canada.

- 3:00 The Effects of Attention Focus and Repeated Checking on Memory Accuracy and Metamemory.
Adam S. Radomsky, Concordia University, Montreal, Canada
- 3:18 Neurocognitive, Metamemory and Other Cognitive Changes Following Treatment for Obsessive-Compulsive Disorder.
Michael Kyrios, University of Melbourne, Australia
- 3:36 Better Safe Than Sorry: Threat Confirming Reasoning in OCD.
Guus Smeets, University of Maastricht, The Netherlands
- 3:54 Belief Bias in OCD Before and After Treatment.
Peter J. de Jong, University of Groningen, The Netherlands
- 4:12 Reasoning Processes in Obsessive Compulsive Disorder.
Kieron O'Connor, University of Montreal, Canada

4.30

Closing Remarks





SEPTEMBER 2004



European Association for Behavioural and
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34th Annual Congress

University of Manchester
Institute of Science and Technology
9th-11th September 2004

